

#OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, April 21st 2020, 8:00PM – Thu, April 23rd 2020, 9:30PM (Europe/London).

See #OTalk Influencers/Analytics.

Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago



Hello everyone & welcome to tonight's #OTalk. Working alongside the fab @OTalk_ team, I'll be your host. This evening we're going to be talking about reading as a meaningful occupation & exploring whether the books we read can improve our practice. Whose joining us tonight? <https://t.co/eHlaWDnkRH>



#OTalk @OTalk_

3 months ago



Welcome to tonight's #OTalk. It's @Ruth_Hawley and @GeekyOT supporting tonight. Let us know who's joining us this evening before we hand over to @RebeccaCrouch for the first question.



OfficialCAHPR @OfficialCAHPR

3 months ago

And #OTalk has just started...



#OTalk @OTalk_

3 months ago



A little reminder of our code of conduct before we get stuck in. Please remember the #OTalk in every tweet so that your contributions make it into the transcript. Be professional, have fun and enjoy the discussion. Lurkers welcome but feel free to contribute too.



JasminOT @JasminLaffy

3 months ago

@OTalk_ @Ruth_Hawley @GeekyOT @RebeccaCrouch Hello everyone 🙌🙌 #otalk



OT Sophie @OTSophie

3 months ago

@OTalk_ @Ruth_Hawley @GeekyOT @RebeccaCrouch #OTalk <https://t.co/lylxOCi1Wv>



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

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this evening #OTalk

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Cassandra @Cass_OT_

3 months ago

I'm in! Hi everyone #otalk



Anna Braunizer (she/her) @ABraunizer

3 months ago

@OTalk_ @Ruth_Hawley @GeekyOT @RebeccaCrouch I will be tuning in and out over my lunch break #OTalk



Clarissa #BlackLivesMatter @GeekyOT

3 months ago

Hi all! Not feeling great tonight but very glad to be here with our #OTalk community



Deb HOME. @debbieduckie

3 months ago

@OTalk_ @Ruth_Hawley @GeekyOT @RebeccaCrouch #otalk present



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

@Cass_OT_ Welcome Cassandra! #OTalk



Catherine McNulty @cathymc9781

3 months ago

@OTalk_ @Ruth_Hawley @GeekyOT @RebeccaCrouch #OTalk hello folks.. my WiFi connection not great this evening so may lose you.. Best wishes



deb_OT @dmay_ot

3 months ago

@RebeccaCrouch @OTalk_ evening! OT and books. two of my favourite things. looking forward to this! #otalk



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

@GeekyOT Hope you feel better soon Clarissa. #OTalk



Susan Griffiths @SusanGriffiths5

3 months ago

@RebeccaCrouch @OTalk_ I'm here, ready to discuss reading and books 📖 (symbol is sign for book - cool eh!) #OTalk



Georgia Vine @GeorgiaVineOT

3 months ago

@OTalk_ @Ruth_Hawley @GeekyOT @RebeccaCrouch Hola! I'm in the middle of referencing so can't promise I'll be on top form #OTalk



deb_OT @dmay_ot


3 months ago

@ABraunizer @OTalk_ @Ruth_Hawley @GeekyOT @RebeccaCrouch I'm hoping my dinner might be delivered during #otalk



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 **Rebecca, Occupational Therapist** @RebeccaCrouch 3 months ago
That's what I like to hear! Welcome Deb! #OTalk


💬 ↻ ❤️

 **Anya de longh** @anyadei 3 months ago
@RebeccaCrouch @OTalk_ Hello! 🙌 #OTalk


💬 ↻ ❤️

 **Bill Wong, OTD, OTR/L** @BillWongOT 3 months ago
@OTalk_ @Ruth_Hawley @GeekyOT @RebeccaCrouch hello peeps! #otalk
<https://t.co/MD9QkaA6CH>


💬 ↻ ❤️

 **JasminOT** @JasminLaffy 3 months ago
@RebeccaCrouch @OTalk_ @Ruth_Hawley @GeekyOT Very early morning for me, but I'm excited to talk about books! #otalk


💬 ↻ ❤️

 **Rebecca, Occupational Therapist** @RebeccaCrouch 3 months ago
I should introduce myself! For those of you who don't know me, I'm a rotational band 6 Occupational Therapist. Hoping to one day become an expert generalist (does that exist yet?). Currently working in CAMHS. Been practicing for 3+years (I'm still new right?). #OTalk


💬 ↻ ❤️

 **Hannah Spencer** @hspenceruk 3 months ago
@OTalk_ @Ruth_Hawley @GeekyOT @RebeccaCrouch Evening all! #OTalk


💬 ↻ ❤️

 **Rachel Johnson OT Seashell Trust** @RJOTSeashell 3 months ago
@OTalk_ @Ruth_Hawley @GeekyOT @RebeccaCrouch Hello everyone #OTalk


💬 ↻ ❤️

 **#OTalk** @OTalk_ 3 months ago
@cathymc9781 @Ruth_Hawley @GeekyOT @RebeccaCrouch We'll keep our fingers crossed for you that it holds out. #OTalk

💬 ↻ ❤️

 **#OTalk** @OTalk_ 3 months ago
RT @RebeccaCrouch: I should introduce myself! For those of you who don't know me, I'm a rotational band 6 Occupational Therapist. Hoping to...


💬 ↻ ❤️


 **Rebecca, Occupational Therapist** @RebeccaCrouch 3 months ago
Ready for the first question? Here is it! Question 1: What is your understanding of the term "narrative" & the role it plays in occupational therapy? #OTalk
<https://t.co/m915k5al4A>


💬 ↻ ❤️ ✕


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 **#OTalk** @OTalk_ 3 months ago
 RT @RebeccaCrouch: Ready for the first question? Here is it! Question 1: What is your understanding of the term "narrative" & the role it p...
💬 ↻ ❤️


 **Deb HOME.** @debbieduckie 3 months ago
 @RebeccaCrouch @OTalk_ Expert generalist! Love it. Breadth. #otalk
💬 ↻ ❤️


 **Laura Cliff** @laurafcliff 3 months ago
 @RebeccaCrouch @OTalk_ Hello! Looking forward to hearing some book recommendations! #OTalk
💬 ↻ ❤️


 **Susan Griffiths** @SusanGriffiths5 3 months ago
 @RebeccaCrouch Listening to our clients 'stories'. So valuable as part of building rapport and assessment #OTalk
💬 ↻ ❤️

 **Bill Wong, OTD, OTR/L** @BillWongOT 3 months ago
 @RebeccaCrouch A1. Storytelling from a first person perspective. This is important because we often want to hear things from the source when we first meet our patients/clients/service users. #otalk
💬 ↻ ❤️


 **Rebecca, Occupational Therapist** @RebeccaCrouch 3 months ago
 RT @BillWongOT: @RebeccaCrouch A1. Storytelling from a first person perspective. This is important because we often want to hear things fro...
💬 ↻ ❤️

 **Georgia Vine** @GeorgiaVineOT 3 months ago
 @RebeccaCrouch @OTalk_ To take into consideration a persons story and experience as part of clinical reasoning? #OTalk
💬 ↻ ❤️


 **OT Sophie** @OTSophie 3 months ago
 @RebeccaCrouch Something that draws on someones past present and future to shape them/therapy/sense of them. #OTalk
💬 ↻ ❤️

 **#OTalk** @OTalk_ 3 months ago
 RT @RebeccaCrouch: That's what I like to hear! Welcome Deb! #OTalk
<https://t.co/t8XKCIhTYL>
💬 ↻ ❤️


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 **Deb HOME.** @debbieduckie 3 months ago
 @RebeccaCrouch @OTalk_ #OTalk good q! For me it's the information I receive from my service user in various manifestations. And if I were to place it in the OT process it would run alongside it all. It's communication.


💬 ↻ ❤️

 **#OTalk** @OTalk_ 3 months ago
 RT @debbieduckie: @RebeccaCrouch @OTalk_ #OTalk good q! For me it's the information I receive from my service user in various manifestation...


💬 ↻ ❤️

 **Anna Braunizer (she/her)** @ABraunizer 3 months ago
 @RebeccaCrouch @OTalk_ My understanding is that narrative is how the person perceives their experience in relation to their life/living their life - as part of their life story. #OTalk

💬 ↻ ❤️

 **Cassandra** @Cass_OT__ 3 months ago
 @RebeccaCrouch @OTalk_ To me the word narrative represents a person without visual. Sometimes we focus more on the outside than inside and as an OT it is important to look beyond the looks and be curious about someone's story #OTalk


💬 ↻ ❤️

 **Bill Wong, OTD, OTR/L** @BillWongOT 3 months ago
 RT @ABraunizer: @RebeccaCrouch @OTalk_ My understanding is that narrative is how the person perceives their experience in relation to their...


💬 ↻ ❤️

 **Bill Wong, OTD, OTR/L** @BillWongOT 3 months ago
 RT @debbieduckie: @RebeccaCrouch @OTalk_ #OTalk good q! For me it's the information I receive from my service user in various manifestation...

💬 ↻ ❤️

 **Margaret Spencer** @margaretOT360 3 months ago
 #otalk vitally important to listen to a clients narrative to enable client centred practice

💬 ↻ ❤️

 **Bill Wong, OTD, OTR/L** @BillWongOT 3 months ago
 RT @OTSophie: @RebeccaCrouch Something that draws on someones past present and future to shape them/therapy/sense of them. #OTalk

💬 ↻ ❤️

 **Bill Wong, OTD, OTR/L** @BillWongOT 3 months ago
 RT @GeorgiaVineOT: @RebeccaCrouch @OTalk_ To take into consideration a persons story and experience as part of clinical reasoning? #OTalk

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💬 ↻ ❤️ ✕

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Carolina Cordero @colourful_ot

3 months ago

@OTalk_ @Ruth_Hawley @GeekyOT @RebeccaCrouch Hello! 😊 #OTalk
<https://t.co/qjMtp8oEpK>



Laura Cliff @laurafcliff

3 months ago

@RebeccaCrouch Being person centred by listening to the individual's "story", their experiences, finding out what matters to them. #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @margaretOT360: #otalk vitally important to listen to a clients narrative to enable client centred practice <https://t.co/Lbo2OEt3Pe>



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @Cass_OT_: @RebeccaCrouch @OTalk_ To me the word narrative represents a person without visual. Sometimes we focus more on the outside t...



JasminOT @JasminLaffy

3 months ago

@RebeccaCrouch Listening to someone's personal story and the journey they have taken to reach that point. Such an important part of making practice client centred #otalk



Ellie Bamber @EllietheOT

3 months ago

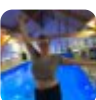
@RebeccaCrouch Looking at how someone had got to be the person they are and how they got to be in the place that they are #OTalk



Margaret Spencer @margaretOT360

3 months ago

RT @laurafcliff: @RebeccaCrouch Being person centred by listening to the individual's "story", their experiences, finding out what matters...



Ellie Bamber @EllietheOT

3 months ago

@RebeccaCrouch It's so important to be person centred #otalk



deb_OT @dmay_ot

3 months ago

@Cass_OT_ @RebeccaCrouch @OTalk_ ooh. I like that! #otalk



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

Getting some lovely responses to Question 1. Keep it coming! #OTalk



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

Here's what I found for a definition of the term narrative: Kielhofner G et al. (2002)

defined narrative as both the meaning we assign to occupational life & the medium

through which we enact it. What do you think of this definition? (Reference to follow

shortly) #OTalk

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**Cassandra @Cass_OT_**

3 months ago

@RebeccaCrouch @OTalk_ And in addition: since we focus more on outside, I like to read since you can create you own visual to a narrative or person! #OTalk #booklover 🤓

**Bill Wong, OTD, OTR/L @BillWongOT**

3 months ago

RT @Cass_OT_: @RebeccaCrouch @OTalk_ And in addition: since we focus more on outside, I like to read since you can create you own visual t...

**Bill Wong, OTD, OTR/L @BillWongOT**

3 months ago

RT @RebeccaCrouch: Here's what I found for a definition of the term narrative: Kielhofner G et al. (2002) defined narrative as both the mea...

**Cindy OT @SigningOTQueen**

3 months ago

@BillWongOT @RebeccaCrouch A client/ patient telling their story. If we don't have their narrative to learn who they are, their values, roles, occupations, etc. that are meaningful to them then we wouldn't be providing OT from a holistic approach. #Otalk

**Bill Wong, OTD, OTR/L @BillWongOT**

3 months ago

RT @EllietheOT: @RebeccaCrouch It's so important to be person centred #otalk

**Bill Wong, OTD, OTR/L @BillWongOT**

3 months ago

RT @JasminLaffy: @RebeccaCrouch Listening to someone's personal story and the journey they have taken to reach that point. Such an importan...

**Sam Pywell @smileyfacehalo**

3 months ago

#OTalk Narratives are context dependent. All about individual perspective, man <https://t.co/wWQWp1O4kx>

**Rebecca, Occupational Therapist @RebeccaCrouch**

3 months ago

@EllietheOT Absolutely! #OTalk

**OT Sophie @OTSophie**

3 months ago

Sometimes I use narrative to conceptualise service decision making too. E.g what is the narrative to doing..... e.g what has taken us to this point and what have we learnt #OTalk

**Margaret Spencer @margaretOT360**

3 months ago

Would t use it myself #otalk

**Bill Wong, OTD, OTR/L @BillWongOT**

3 months ago

@JasminLaffy @RebeccaCrouch That is why I am a fan of guest lectures of service users as an OT student. We get to learn things beyond our textbooks! #otalk

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Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @EllietheOT: @RebeccaCrouch Looking at how someone had got to be the person they are and how they got to be in the place that they are #...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @laurafcliff: @RebeccaCrouch Being person centred by listening to the individual's "story", their experiences, finding out what matters...



Cassandra @Cass_OT__

3 months ago

Interesting! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @OTSophie: Sometimes I use narrative to conceptualise service decision making too. E.g what is the narrative to doing..... e.g what has...



#OTalk @OTalk_

3 months ago

Great image for tonight's #OTalk @colourful_ot . Love it!



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @SigningOTQueen: @BillWongOT @RebeccaCrouch A client/ patient telling their story. If we don't have their narrative to learn who they ar...



#OTalk @OTalk_

3 months ago

RT @laurafcliff: @RebeccaCrouch Being person centred by listening to the individual's "story", their experiences, finding out what matters...



Hannah Spencer @hspenceruk

3 months ago

@RebeccaCrouch #OTalk narratives are unique stories, they're absolutely core to OT and our understanding of the unique individuals we're privileged work with. Narratives are where subjective meaning of things are - to that individual person beyond diagnosis or condition or circumstance.



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @hspenceruk: @RebeccaCrouch #OTalk narratives are unique stories, they're absolutely core to OT and our understanding of the unique indi...



Cassandra @Cass_OT__

3 months ago

@SigningOTQueen @BillWongOT @RebeccaCrouch Absolutely agreed! #OTalk



Margaret Spencer @margaretOT360

3 months ago

Great explanation Hannah #otalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@hspenceruk @RebeccaCrouch I know I did a @SPOTEurope talk on autism recently. It was an interesting experience for students to learn more about autism. #otalk

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Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago



& what do you think of this? "Hearing a person's story is only 1 part of the picture. Much depends on how we [OTs] theoretically frame & reflexively analyse the narrative. The self-sufficiency of narratives, unmediated by analysis, needs to be challenged (Finlay 2004)." #OTalk

Rachel Johnson OT Seashell Trust @RJOTSeashell

3 months ago



@RebeccaCrouch Personally I think the narrative is often more important than the quantitative data - you can make statistics say anything. A person's own narrative is individual and unique! #OTalk

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



RT @Cass_OT_: @SigningOTQueen @BillWongOT @RebeccaCrouch Absolutely agreed! #OTalk

Anna Braunizer (she/her) @ABraunizer

3 months ago



@RebeccaCrouch @OTalk_ And the experience can be their experience with their disability, injury, or illness - and it can also be their experience in therapy and with other health professionals #OTalk

#OTalk @OTalk_

3 months ago



I can see the theme and importance of being person centred being closely linked with narratives within occupational therapy so far in this #OTalk

Cindy OT @SigningOTQueen

3 months ago



@margaretOT360 Hmm, how do I explain this to my patients/ clients in a way that they understand? There has to be a better definition, I mean explanation. #OTalk

Hannah Spencer @hspenceruk

3 months ago



RT @margaretOT360: Great explanation Hannah #otalk

#OTalk @OTalk_

3 months ago



RT @SigningOTQueen: @BillWongOT @RebeccaCrouch A client/ patient telling their story. If we don't have their narrative to learn who they are...

JasminOT @JasminLaffy

3 months ago



@RebeccaCrouch I remember my first day at University we focused on narratives and journeys. Feeling some nostalgia! #otalk

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



RT @JasminLaffy: @RebeccaCrouch I remember my first day at University we focused on narratives and journeys. Feeling some nostalgia! #otalk

Susan Griffiths @SusanGriffiths5

3 months ago



@OTSophie Yes! Sometimes we use it to review and evaluate our service by looking at it from a client's narrative #OTalk

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Anya de longh @anyadei

3 months ago

@RebeccaCrouch a chance to hear what matters to the person, and what their experience and perspective is... helps build foundations for collaborative practice and shared-decision making etc #OTalk



Margaret Spencer @margaretOT360

3 months ago



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @SigningOTQueen: @margaretOT360 Hmm, how do I explain this to my patients/ clients in a way that they understand? There has to be a bett...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @OTalk_: I can see the theme and importance of being person centred being closely linked with narratives within occupational therapy so...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @ABraunizer: @RebeccaCrouch @OTalk_ And the experience can be their experience with their disability, injury, or illness - and it can al...



Margaret Spencer @margaretOT360

3 months ago

RT @ABraunizer: @RebeccaCrouch @OTalk_ And the experience can be their experience with their disability, injury, or illness - and it can al...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @RJOTSeashell: @RebeccaCrouch Personally I think the narrative is often more important that the quantitative data - you can make statist...



Anya de longh @anyadei

3 months ago

RT @RJOTSeashell: @RebeccaCrouch Personally I think the narrative is often more important that the quantitative data - you can make statist...



Katie Moffat @Katie_Moffat

3 months ago

@RebeccaCrouch I think it is important that we are aware of our own personal narratives and how they influence our thinking and how we can use our own narratives to build a rapport with clients to strengthen the therapist-client relationship. #OTalk



#OTalk @OTalk_

3 months ago

Good point. Narratives don't just come from individuals. #OTalk



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

@BillWongOT @hspenceruk @SPOTEurope I have only recently started working with people with autism in my #CAMHS roles. These narratives are so important (along side input from their parents) to help us understand how we can support them with their ADLs on the ward. #OTalk

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**Bill Wong, OTD, OTR/L** @BillWongOT

3 months ago

@RJOTSeashell @RebeccaCrouch Before OT school, I did not buy that. But once I got into OT school (and understanding more about autism), I begin to realize that stats can lie. #otalk

**#OTalk** @OTalk_

3 months ago

RT @RebeccaCrouch: Here's what I found for a definition of the term narrative: Kielhofner G et al. (2002) defined narrative as both the mea...

**Margaret Spencer** @margaretOT360

3 months ago

#otalk 'Tell me how things are?'

**Margaret Spencer** @margaretOT360

3 months ago

RT @anyadei: @RebeccaCrouch a chance to hear what matters to the person, and what their experience and perspective is... helps build founda...

**Bill Wong, OTD, OTR/L** @BillWongOT

3 months ago

@RebeccaCrouch @hspenceruk @SPOTEurope In a sense, I am one of your resident peer experts... lol! #otalk

**Cassandra** @Cass_OT__

3 months ago

@RebeccaCrouch Well, reading and reflecting on this makes we wonder why we as OT's want to put it in a framework or give meaning to it. If we do this; does the narrative still belong to the person? #OTalk #criticalreflection

**Margaret Spencer** @margaretOT360

3 months ago

That's where discloser or not comes in #otalk

**deb_OT** @dmay_ot

3 months ago

@RebeccaCrouch You can only understand their experience from within your own experience but you can learn a lot about what they say, and don't say and where they place their emphasis. #Otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

3 months ago

@margaretOT360 or another way is- "what got you here?" #otalk

**Susan Griffiths** @SusanGriffiths5

3 months ago

@RJOTSeashell @RebeccaCrouch Yes! It has more of an impact than just statistics #OTalk

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

@Katie_Moffat Absolutely. As OTs do you think our narratives change over time depending how long we have been practicing & are exposed to more / a variety of diff narratives? #OTalk

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JasminOT @JasminLaffy

3 months ago

@BillWongOT @RebeccaCrouch Learning and listening to someone's experience in life is so important! Helps to understand many different perspectives #otalk



OT Sophie @OTSophie

3 months ago

@OTalk_ Absolutely, we often use their narrative to make sense of decisions people make and therefore what our outcomes will be. E.g well actually, we can see that this behaviour has a pattern at these times in their life. #OTalk



Margaret Spencer @margaretOT360

3 months ago

Crucial to be heard, as you are probably one in a long line of therapists #otalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@OTalk_ yes- in cases of people with dementia/Alzheimer's, or suddenly become totally bed ridden, then their caregivers will provide these narratives. #otalk



#OTalk @OTalk_

3 months ago

RT @RebeccaCrouch: & what do you think of this? "Hearing a person's story is only 1 part of the picture. Much depends on how we [OTs] theor...



Ellie Bamber @EllietheOT

3 months ago

@JasminLaffy @RebeccaCrouch I remember doing that too. Makes you think of the narrative since uni #otalk



OT Sophie @OTSophie

3 months ago

@SusanGriffiths5 It definitely helps keep "their" as a collective, voice in the wider decisions made. #OTalk



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

@ABraunizer @OTalk_ Yes! And there is lots of OT research out there exploring the different narratives of people with these experiences. I was quite surprised! #OTalk



Margaret Spencer @margaretOT360

3 months ago

Yes it's not ours, but we have to listen and feedback to check we have it right #otalk



Student Platform OT @SPOTEurope

3 months ago

@BillWongOT @hspenceruk @RebeccaCrouch You did! And it helped the students a lot! This is a way to share narratives and give meaning to it #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@JasminLaffy @RebeccaCrouch That is why my Twitter is designed in such a way that I try to balance both professional content & lived experience content. Not the easiest for the latter because I still got to maintain professionalism in spite of that. So, there are some autism stuff I just won't tweet. #otalk

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Student Platform OT @SPOTEurope

A bit late but we are in! #OTalk

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Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago



Here's question 2: How important are narratives in your practice? And how do you illicit these? #OTalk <https://t.co/DN8YYVDWYZ>

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



RT @SPOTEurope: @BillWongOT @hspenceruk @RebeccaCrouch You did! And it helped the students a lot! This is a way to share narratives and giv...

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



RT @JasminLaffy: @BillWongOT @RebeccaCrouch Learning and listening to someone's experience in life is so important! Helps to understand man...

Rachel Johnson OT Seashell Trust @RJOTSeashell

3 months ago



@SusanGriffiths5 @RebeccaCrouch Absolutely! Unfortunately when applying for funding etc it often appears to be viewed as less important #OTalk

deb_OT @dmay_ot

3 months ago



@OTSophie @SusanGriffiths5 (service review tomorrow - pocketing that little nugget. thank you!) #otalk

Margaret Spencer @margaretOT360

3 months ago



And 'What would you like to be different?' #otalk

#OTalk @OTalk_

3 months ago



Easy to forget but please try and remember the #OTalk in every tweet.

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



@RebeccaCrouch very- I would say listening to some stories about how patients ended up in these nursing homes provided me some humble pie moments. #otalk <https://t.co/DvtbWnWJD1>

Cindy OT @SigningOTQueen

3 months ago



@BillWongOT @OTalk_ Actually, the interesting way of presenting my narrative was drawing a comic... I still have it and want to revise, so I can share it here on Twitter later on. I did this for my elective course "Narratives in Medicine"? when I was in OT school. #OTalk

Georgia Vine @GeorgiaVineOT

3 months ago



@RebeccaCrouch Very important to enhance client-centred care #OTalk

#OTalk @OTalk_

3 months ago



#OTalk

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



RT @SigningOTQueen: @BillWongOT @OTalk_ Actually, the interesting way of presenting my narrative was drawing a comic... I still have it and...

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deb_OT @dmay_ot
@OTalk_ oops sorry! #otalk

3 months ago



Student Platform OT @SPOTEurope
Narratives also represent communities #OTalk <https://t.co/iMSAUccvfi>

3 months ago



Bill Wong, OTD, OTR/L @BillWongOT
RT @SPOTEurope: Narratives also represent communities #OTalk
<https://t.co/iMSAUccvfi>

3 months ago



#OTalk @OTalk_
RT @RebeccaCrouch: Here's question 2: How important are narratives in your practice? And how do you illicit these? #OTalk <https://t.co/DN8Y...>

3 months ago



Margaret Spencer @margaretOT360
I think as I have become more confident I trust service users more to make their own judgements and decisions #otalk

3 months ago



Bill Wong, OTD, OTR/L @BillWongOT
@SPOTEurope although with communities, we got to be careful about making generalizations. We still should listen to individual narratives with an open mind to learn. #otalk

3 months ago



Margaret Spencer @margaretOT360
RT @BillWongOT: @OTalk_ yes- in cases of people with dementia/Alzheimer's, or suddenly become totally bed ridden, then their caregivers wil...

3 months ago



Deb HOME. @debbieduckie
@RebeccaCrouch #OTalk they form the base of our assessment and intervention. I work through a compensatory lens, my role is to facilitate solution finding. We use the narrative to understand what's important: safety? I offer equipment options they choose.

3 months ago



Katie Moffat @Katie_Moffat
@RebeccaCrouch I'd say they change over time. I'm currently in 2nd year, and I would say my narrative has changed massively in the past year as I've developed in my education and on a personal level. #OTalk

3 months ago



Bill Wong, OTD, OTR/L @BillWongOT
RT @GeorgiaVineOT: @RebeccaCrouch Very important to enhance client-centred care #OTalk

3 months ago




JasminOT @JasminLaffy
@RebeccaCrouch We as occupational therapists need to make sure we do not reflexively judge a client's narrative. We also need to analyse it so we can use it to shape intervention and the therapeutic relationship #otalk


3 months ago


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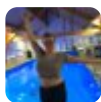
 **Rebecca, Occupational Therapist @RebeccaCrouch** 3 months ago
 RT @dmay_ot: @RebeccaCrouch You can only understand their experience from within your own experience but you can learn a lot about what the...


 **Catherine McNulty @cathymc9781** 3 months ago
 Apols #OTalk


 **#OTalk @OTalk_** 3 months ago
 RT @JasminLaffy: @RebeccaCrouch We as occupational therapists need to make sure we do not reflexively judge a client's narrative. We also n...


 **Kate Tudor @OT_KateT** 3 months ago
 @RebeccaCrouch My narrative reasoning sits within my experience of the world. Hence however actively I listen to another person's story, it is vital that I run my understanding back past them to gain a shared narrative understanding #OTalk


 **deb_OT @dmay_ot** 3 months ago
 @Cass_OT_ @RebeccaCrouch but surely without some framework of reference its really hard to comprehend? #otalk


 **Ellie Bamber @EllietheOT** 3 months ago
 @RebeccaCrouch Initial interviews and talking to the person, parents, carers and teachers to gain the wider perspectives. Make sure you take the time to listen to the individual #otalk

 **#OTalk @OTalk_** 3 months ago
 RT @OT_KateT: @RebeccaCrouch My narrative reasoning sits within my experience of the world. Hence however actively I listen to another pers...



 **Bill Wong, OTD, OTR/L @BillWongOT** 3 months ago
 RT @OT_KateT: @RebeccaCrouch My narrative reasoning sits within my experience of the world. Hence however actively I listen to another pers...

 **Bill Wong, OTD, OTR/L @BillWongOT** 3 months ago
 RT @JasminLaffy: @RebeccaCrouch We as occupational therapists need to make sure we do not reflexively judge a client's narrative. We also n...

 **Bill Wong, OTD, OTR/L @BillWongOT** 3 months ago
 RT @Katie_Moffat: @RebeccaCrouch I'd say they change over time. I'm currently in 2nd year, and I would say my narrative has changed massive...

 **Bill Wong, OTD, OTR/L @BillWongOT** 3 months ago
 RT @debbieduckie: @RebeccaCrouch #OTalk they form the base of our assessment and intervention. I work through a compensatory lens, my role...

 **Rebecca, Occupational Therapist @RebeccaCrouch** 3 months ago
 We use cookies (and other similar technologies) to collect data to improve your experience on our site. By using our website, you're agreeing to the collection of data as described in our [Website Data Collection Policy](#).
 @cathymc9781 @OTalk Great point! The point that they are trying to make I think is our role as practioners in unpicking the narrative in regards to occupation. #OTalk
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 **Cindy OT**  @SigningOTQueen

3 months ago

@margaretOT360 Yes, our narratives do change over time. Mine definitely has. We grow and evolve in time. I remember writing down significant events and accomplishments that occurred over the last decade. When I was done, I was like wow... I've done and have grown a lot too. #OTalk



Margaret Spencer @margaretOT360

3 months ago

100% of what I do, always the starting point, and how we prioritise what the first step will be #otalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @margaretOT360: I think as I have become more confident I trust service users more to make their own judgements and decisions #otalk htt...



Anya de longh @anyadei

3 months ago

@RebeccaCrouch Really important - the key seems to be illiciting them in way that honours the experience, but doesn't make people feel like they have to 'repeat their story' to every service... easier said than done! #OTalk



Laura Cliff @laurafcliff

3 months ago

@RebeccaCrouch It shows the individual that you care about them, that you are there to help them but that you are going to collaborate and not just tell them what is going to happen. #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @anyadei: @RebeccaCrouch Really important - the key seems to be illiciting them in way that honours the experience, but doesn't make peo...



Catherine McNulty @cathymc9781

3 months ago

Sorry I am not great at #OTalk this evening will try harder!!



Cassandra @Cass_OT__

3 months ago

RT @margaretOT360: Yes it's not ours, but we have to listen and feedback to check we have it right #otalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @laurafcliff: @RebeccaCrouch It shows the individual that you care about them, that you are there to help them but that you are going to...



Student Platform OT @SPOTeurope

3 months ago

We agree! Someone's story of what makes them 'them' ❤️. It is so important we don't disregard someone's life before we knew them! #OTalk



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

@Cass_OT__ It will always belong to the person! But it is our role to identify the occupational needs and strengths from the narrative. #OTalk

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#OTalk @OTalk_

3 months ago

A good point. Just needs #OTalk to make it into the transcript.



Angie Hodgson @AngieHodgson2

3 months ago

@RebeccaCrouch @OTalk_ #OTalk narrative to me is the life story that a patient / client shares with us to allow us to see their situation through their eyes. It can be a real privilege when it's shared and may develop over time as the therapeutic relationship develops



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

I work on an acute ward in an inpatient CAMHS unit, where narratives are so important in helping the Young People (YP) feel heard. I use an initial interview & interest checklist to start us off. These help me build rapport & support the YP in collaborative goal setting. #OTalk



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

RT @JasminLaffy: @RebeccaCrouch We as occupational therapists need to make sure we do not reflexively judge a client's narrative. We also n...



Virginia Painter @VirginiaPainte7

3 months ago

@anyadei @RebeccaCrouch It's a hard balance sometimes, especially when different services involved #OTalk



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

@JasminLaffy Absolutely! We should never be judgemental, at all costs when listening to others narratives! #OTalk



Cassandra @Cass_OT_

3 months ago

@DrCConnell @RebeccaCrouch True, we don't need to generalise it. I believe doing a 'member check' would be important. Just to make sure we fully understand the meaning. But this is OT 101 🙄 #OTalk



OT Sophie @OTSophie

3 months ago

@RebeccaCrouch It's the lens in which we see from their point of view, understand them, build rapport and to help inform therapy. #OTalk



Libby Callaway @libby_callaway

3 months ago

@RebeccaCrouch @OTalk_ @otalk @k_dcruz #OTalk



Kate Tudor @OT_KateT


3 months ago


@BillWongOT @RebeccaCrouch I found that whenever I tried to skip the story of how they came to be in hospital, people needed to tell it and all conversation headed back there until we'd gone through it. I think people need to feel understood before they can build a therapeutic relationship #OTalk


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 **Anna Braunizer (she/her)** @ABraunizer 3 months ago
@RebeccaCrouch Very important so that we can truly partner and collaborate in their health and wellbeing. I often will ask an open-ended question - sometimes it's as simple as "how has your experience changed what you do in life and where do you want to go from here?" #OTalk


 **Margaret Spencer** @margaretOT360 3 months ago
Is it our role or theirs? #otalk


 **Catherine McNulty** @cathymc9781 3 months ago
@RebeccaCrouch @OTalk_ #OTalk I understand that perspective totally.... though need to be sure the narrative still belongs to the person - person centred I guess is my meaning here... use the narrative of the person their language


 **Andreja kurbus** @AndrejaKurbus 3 months ago
RT @SPOTEurope: We agree! Someone's story of what makes them 'them' ❤️. It is so important we don't disregard someone's life before we knew...


 **Rebecca, Occupational Therapist** @RebeccaCrouch 3 months ago
Nice one, thanks for sharing Libby! #OTalk


 **Cassandra** @Cass_OT__ 3 months ago
@dmay_ot @RebeccaCrouch Yes I think so too so it is important, but we should be aware of the meaning of the person #OTalk

 **Cindy OT** @SigningOTQueen 3 months ago
@margaretOT360 Narratives were important when I worked with older adults. It helped us set appropriate goals, and those that meaningful to them. In early intervention, I listened to the family's narrative, and we focused on goals that were more important to them and their child. #OTalk

 **#OTalk** @OTalk_ 3 months ago
@cathymc9781 Don't worry, happens to us all. You being here is valued #OTalk


 **Anya de longh** @anyadei 3 months ago
@RebeccaCrouch does sharing their narrative in some ways form part of the therapy? I found telling my story a valuable step in my own recovery as a patient. For some, this can become a meaningful occupation in itself? #OTalk


 **Fiona Page** @FionaPageOT 3 months ago
@RebeccaCrouch @OTalk_ It would start with a 'tell me about a typical day' question #otalk


 **Margaret Spencer** @margaretOT360 3 months ago
Absolutely all the evidence supports this #otalk


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 **JasminOT @JasminLaffy** 3 months ago
 @RebeccaCrouch Working in paediatrics you have to have some understanding of the narrative of the whole family. Understanding the families journey as a whole as well as the child. Mostly through initial interviews #otalk


 **Bill Wong, OTD, OTR/L @BillWongOT** 3 months ago
 @OT_KateT @RebeccaCrouch and that's the tough part sometimes when you are only there to perform evaluations for the patients in some settings in some parts of the world. Sometimes you don't get to see what the progress and outcomes are. #otalk


 **Rebecca, Occupational Therapist @RebeccaCrouch** 3 months ago
 Ready for another one? Question 3: As an occupational being, would you personally describe reading as a meaningful occupation? #OTalk <https://t.co/TtPBjuGzxa>


 **Carolina Cordero @colourful_ot** 3 months ago
 @RebeccaCrouch There's a section of the OCAIRS where you ask someone about the best and worst times in their lives, whether they've had more good or bad (or a mixture) and how their past has affected them - I think it gives a good overview of their narrative slope (1/2) #OTalk

 **#OTalk @OTalk_** 3 months ago
 RT @RebeccaCrouch: Ready for another one? Question 3: As an occupational being, would you personally describe reading as a meaningful occup...

 **Rebecca, Occupational Therapist @RebeccaCrouch** 3 months ago
 @ABraunizer Being able to ask open ended questions is important skill to have! I'm still working on it. #OTalk

 **Angie Hodgson @AngieHodgson2** 3 months ago
 @RebeccaCrouch @OTalk_ #OTalk it definitely feels right to consider the meaning attached to occupations as this can determine the individuals goals and drive their motivation

 **deb_OT @dmay_ot** 3 months ago
 @OT_KateT @BillWongOT @RebeccaCrouch I think some of that is context specific - my caseload doesn't feel the need to tell a story often (and it's often totally imagined and imaginative)- but it makes it much easier to be a useful part of their story if I know they think paw patrol is the best thing ever! #otalk

 **Bill Wong, OTD, OTR/L @BillWongOT** 3 months ago
 @RebeccaCrouch I am not a bookworm, but I can certainly see reading as a meaningful occupation. I think once students are away from pressure cookers of their studies, some of them may discover the joy of reading again. #otalk

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Carolina Cordero @colourful_ot

3 months ago

@RebeccaCrouch which I find really important for getting an idea of how they view what's happened in their lives and what they want to be different in the future (2/2) #OTalk



Margaret Spencer @margaretOT360

3 months ago

I read every single day of my life. It's my mindfulness, relaxation, escape, hobby. So meaningful #otalk



Anna Braunizer (she/her) @ABraunizer

3 months ago

@RebeccaCrouch Yes. Depending on the content, can be an occupation to distract your self, soothe yourself, learn new skills, perspectives and ideas, explore new places (real & imagined), and more! #OTalk



Georgia Vine @GeorgiaVineOT

3 months ago

@RebeccaCrouch Most definitely it enhances so many skills in terms of activity analysis #OTalk



#OTalk @OTalk_

3 months ago

Half way through tonight's #OTalk doesn't time fly?



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@dmay_ot @OT_KateT @RebeccaCrouch and in my setting- sometimes patients will be on caseload multiple times. So, I find myself skipping the story part if they are readmitted to the caseload. #otalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @ABraunizer: @RebeccaCrouch Yes. Depending on the content, can be an occupation to distract your self, soothe yourself, learn new skills...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @margaretOT360: I read every single day of my life. It's my mindfulness, relaxation, escape, hobby. So meaningful #otalk <https://t.co/np...>



Cassandra @Cass_OT_

3 months ago

@RebeccaCrouch #OTalk @OTalk_ YES! Fully! I am a big fan of reading and see it as a perfect leisure activity. If I cannot read anymore I would be sad 😞



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @colourful_ot: @RebeccaCrouch which I find really important for getting an idea of how they view what's happened in their lives and what...



Laura Cliff @laurafcliff

3 months ago

@RebeccaCrouch 100% #OTalk <https://t.co/wlodl4iHgw>



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @AngieHodgson2: @RebeccaCrouch @OTalk_ #OTalk it definitely feels right to consider the meaning attached to occupations as the... ✕

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Rebecca, Occupational Therapist @RebeccaCrouch

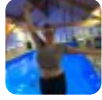
3 months ago



@margaretOT360 Nice point. It depends whether they can do it independently or not. I work in #CAMHS. Often the young people I work with need support in making sense of their experiences. Working collaboratively in key! #OTalk

Ellie Bamber @EllietheOT

3 months ago



@RebeccaCrouch Personally don't enjoy reading as I am very dyslexic so it's quite hard. I love audio books and podcasts so I would consider them a lot more meaningful. #OTalk

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



RT @JasminLaffy: @RebeccaCrouch Working in paediatrics you have to have some understanding of the narrative of the whole family. Understand...

Margaret Spencer @margaretOT360

3 months ago



RT @ABraunizer: @RebeccaCrouch Yes. Depending on the content, can be an occupation to distract your self, soothe yourself, learn new skills...

Katie Moffat @Katie_Moffat

3 months ago



@RebeccaCrouch Very important to understand the individual and how to collaborate for a meaningful experience and intervention. I took the time to listen to a clients story on a recent placement and found out how important it was to them that they walked their dog! #OTalk

Catherine McNulty @cathymc9781

3 months ago



@RebeccaCrouch @OTalk_ #OTalk yes totally & for me a real book in my hands with pages to turn decent size clear text...

JasminOT @JasminLaffy

3 months ago



@margaretOT360 I think it's a collaborative between the client and therapist #otalk

Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago



I'm a dyslexic adult who used to love reading as a child. I stopped reading after my undergrad in Biomedical Sciences (it was exhausting). In my mid-20s I joined a book group to jump-start my reading & we've been reading for ~10 years now! I also love audiobooks & ebooks. #OTalk <https://t.co/WyoPfnK8HL>

Sam Pywell @smileyfacehalo

3 months ago



@DrCConnell @Cass_OT_ @RebeccaCrouch #otalk like this thread. So we create our narrative through our words. Mind bendy <https://t.co/23qGizHCr5>

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



@JasminLaffy @RebeccaCrouch true- especially if these patients are seen in the NICU. So, you will need to find out how these babies end up in your caseload. #otalk

Margaret Spencer @margaretOT360

3 months ago



RT @Cass_OT_ @RebeccaCrouch #OTalk @OTalk YES! Fully! I am a big fan of reading and see it as a perfect leisure activity. If I cannot re...
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#OTalk @OTalk_

3 months ago

A nice description of reading from a personal perspective #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @cathymc9781: @RebeccaCrouch @OTalk_ #OTalk I understand that perspective totally.... though need to be sure the narrative still belongs...



Dr Catriona Connell @DrCCConnell

3 months ago

@OTalk_ #otalk



Dr Catriona Connell @DrCCConnell

3 months ago

RT @OTalk_: A good point. Just needs #OTalk to make it into the transcript.



Cassandra @Cass_OT__

3 months ago

#OTalk depends on how you look at it. For leisure yes! Just as for practical use; we read everyday. What would you do if you cannot read the @OTalk_ anymore?



Anya de longh @anyadei

3 months ago

@RebeccaCrouch For me it has lots of value, so I think its a meaningful occupation for me, but really aware its personal, so people I work with might not feel the same, and thats ok! #OTalk



Sally Morgan @sallymorganslt

3 months ago

Looks like a chat you might want to catch up on @LucyDipper @MadelineCruice



Fiona Page @FionaPageOT

3 months ago

@RebeccaCrouch @OTalk_ Absolutely, but as such it is personal. A book changes the routine of my time, allows escape and through a book group is a shared occupation #OTalk



Emma Keeling @emke

3 months ago

@RebeccaCrouch @OTalk_ Definitely, to be able to get engrossed in a book means time well spent in my eyes #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @Cass_OT__: #OTalk depends on how you look at it. For leisure yes! Just as for practical use; we read everyday. What would you do if you...



Student Platform OT @SPOTEurope

3 months ago

Agreed! Narratives are so important to show people that we care about THEM as a person ! Also encourages collaborative care - such an enjoyable part of the therapeutic relationship! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT



3 months ago

RT @anyadei: @RebeccaCrouch For me it has lots of value, so I think its a meaningful occupation for me, but really aware its personal, so p...

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 **Cindy OT**  @SigningOTQueen

3 months ago



@RebeccaCrouch I'd like to add that narratives allow me to learn about their roles, routines... Every person and family is unique. I'm super blessed to work in Queens, which is one of the most diverse places to live. I work with families of all ethnic, cultural and religious backgrounds. #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago


RT @emke: @RebeccaCrouch @OTalk_ Definitely, to be able to get engrossed in a book means time well spent in my eyes #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @FionaPageOT: @RebeccaCrouch @OTalk_ Absolutely, but as such it is personal. A book changes the routine of my time, allows escape and th...

erin  @erinjeandodds

3 months ago



@RebeccaCrouch @OTalk_ To me, it's all about communication - listening to my clients story to understand what occupations are meaningful to them, which will in turn enable me to use my clinical reasoning to provide interventions specific to the client to enable and promote independence ✨ #OTalk


Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago



@Cass_OT_ @OTalk_ Would you consider audiobooks? #OTalk



Carolina Cordero  @colourful_ot

3 months ago

@RebeccaCrouch I think learning new things is a meaningful occupation for me in the sense that it's connected to my roles and how I see myself, so reading (esp. textbooks and non-fiction) fits into that. It's also something I enjoy 😊 #OTalk



Kate Tudor @OT_KateT

3 months ago

@BillWongOT @RebeccaCrouch Ooh yes, when you hand over the good stuff to the OTA, and have to step back, or they head off to a rehab placement and you have to just imagine and believe in the ideal outcomes for them... #OTalk



#OTalk @OTalk_

3 months ago

Good reminder of the different ways we can access reading #OTalk



Clarissa #BlackLivesMatter @GeekyOT

3 months ago

@RebeccaCrouch So much!! I've always been a bookworm. Has anyone else found themselves reading lots of dystopian/post-apocalyptic fiction lately? #OTalk
<https://t.co/uXpzapQ7r7>



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @RebeccaCrouch: I'm a dyslexic adult who used to love reading as a child. I stopped reading after my undergrad in Biomedical Sciences (i...

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**OT Sophie** @OTSophie

3 months ago

@RebeccaCrouch Very much so. Transporting me to another world, fiction is absolutely my coping strategy to engage my brain but not in the same way as work #OTalk

**Hannah Spencer** @hspenceruk

3 months ago

@RebeccaCrouch #OTalk Surely if we're not giving space for narratives we're in the wrong profession? Not just hearing but really listening... to what might be voiced or not. While science might guide some overarching "pre-knowledge", narratives are unique to each individual...

**#OTalk** @OTalk_

3 months ago

RT @OT_KateT: @BillWongOT @RebeccaCrouch I found that whenever I tried to skip the story of how they came to be in hospital, people needed...

**Margaret Spencer** @margaretOT360

3 months ago

RT @hspenceruk: @RebeccaCrouch #OTalk Surely if we're not giving space for narratives we're in the wrong profession? Not just hearing but r...

**Carolina Cordero** @colourful_ot

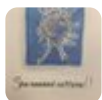
3 months ago

@GeekyOT @RebeccaCrouch Not dystopian fiction but I'm reading about trauma which seems similarly appropriate to the times 😊 #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

3 months ago

@OT_KateT @RebeccaCrouch or even when you are a student on placement. You do an evaluation for a patient in your final week... and then you won't see him/her again. #otalk

**Dr Catriona Connell** @DrCConnell

3 months ago

@Cass_OT_ @RebeccaCrouch Good point, checking out that what you heard understood is the same as what was said/meant #otalk

**Kate Tudor** @OT_KateT

3 months ago

@dmay_ot @BillWongOT @RebeccaCrouch Surely everyone's narrative involves thinking paw patrol is the best thing ever. #EverestRocks #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

3 months ago

RT @DrCConnell: @Cass_OT_ @RebeccaCrouch Good point, checking out that what you heard understood is the same as what was said/meant #otalk

**Annette McKinnon** @anetto

3 months ago

RT @hspenceruk: @RebeccaCrouch #OTalk Surely if we're not giving space for narratives we're in the wrong profession? Not just hearing but r...

**Bill Wong, OTD, OTR/L** @BillWongOT


3 months ago


RT @OTSophie: @RebeccaCrouch Very much so. Transporting me to another world, fiction is absolutely my coping strategy to engage my brain bu...


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Susan Griffiths @SusanGriffiths5 3 months ago
 @RebeccaCrouch Oh it is essential for practice. How I get these narratives all depends on the client. I have been known hang out in the smoking areas (back in the days when smoking was allowed) as some patients were more relaxed & willing to share their stories despite being a non smoker #otalk


Angie Hodgson @AngieHodgson2 3 months ago
 @RebeccaCrouch @OTalk_ #OTalk I've used a couple of different initial assessment forms on placement and found them to be useful for maintaining structure whilst allowing open ended questions for broader responses. I'm hoping with more practice I'll become more fluid with them to make it more natural


Rebecca, Occupational Therapist @RebeccaCrouch 3 months ago
 @Cass_OT_ @OTalk_ You could always listen to the script which comes out a few days afterwards. Although this might be quite jumbled and not make much sense! #OTalk


Cassandra @Cass_OT_ 3 months ago
 @RebeccaCrouch @OTalk_ Hmm No I don't think so. My experience is that I lose my concentration quicker when I listen than I read #OTalk oh and the smell of books is great 🤔


JasminOT @JasminLaffy 3 months ago
 @RebeccaCrouch Definitely! And it can be so varied. When I'm reading a journal article compared to a fictional book it's a very different occupation #otalk

Bill Wong, OTD, OTR/L @BillWongOT 3 months ago
 @DrCConnell @Cass_OT_ @RebeccaCrouch this brings up this question- what if you need an interpreter? Then, I think it will be the interpreter's responsibilities to make sure both sides are understood- you and the service user. #otalk

Dr Catriona Connell @DrCConnell 3 months ago
 @Cass_OT_ @smileyfacehalo @RebeccaCrouch 🤔 #otalk <https://t.co/petv1AepIY>

Margaret Spencer @margaretOT360 3 months ago
 Only if you know people under 10 🤔 #otalk

Libby Callaway @libby_callaway 3 months ago
 @RebeccaCrouch Absolutely - although in the #COVID19 environment I am struck by the impact of #technology & online tasks on the opportunity for reading 'books' for both our children & myself #OTalk

Kate Tudor @OT_KateT 3 months ago
 @BillWongOT @dmay_ot @RebeccaCrouch Ok, ok, I was reminiscing back to my early days in acute ortho and meds wards - not something I do very often! #OTalk

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**Sam Pywell** @smileyfacehalo

3 months ago

@RebeccaCrouch It's work. #otalk leisure is anything with pictures.

<https://t.co/pqFTAAsJt4>**Katie Moffat** @Katie_Moffat

3 months ago

@RebeccaCrouch To me reading is a very meaningful occupation, but not one I always find time for. #OTalk

**Cassandra** @Cass_OT__

3 months ago

RT @RebeccaCrouch: @Cass_OT__ @OTalk_ You could always listen to the script which comes out a few days afterwards. Although this might be q...

**Hannah Spencer** @hspenceruk

3 months ago

@OT_KateT @BillWongOT @RebeccaCrouch #OTalk I think you're right... Asking someone what something means to them and where they're really at demonstrates that you want to know them, uniquely them... says 'I care, we're a team, let's do this'

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

Here's question 4: What can we learn from narratives in the books we read & can this inform our practice? #OTalk <https://t.co/8sxHQLJ3a>**Mona Alkhudair** @Mona_khudair

3 months ago

RT @RJOTSeashell: @RebeccaCrouch Personally I think the narrative is often more important than the quantitative data - you can make statist...

**Georgia Vine** @GeorgiaVineOT

3 months ago

RT @hspenceruk: @RebeccaCrouch #OTalk Surely if we're not giving space for narratives we're in the wrong profession? Not just hearing but r...

**Ellie Bamber** @EllietheOT

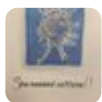
3 months ago

@RebeccaCrouch I love the stories and learning new things. It's something that I have grown to love as I found a form I can access it more fully #Otalk

**Catherine McNulty** @cathymc9781

3 months ago

@OT_KateT @OTalk_ @BillWongOT @RebeccaCrouch #OTalk hey that is so very true...time to listen actively, helping understanding to the knowing of how the philosophy of occupation can be useful at the point in time of the person's life narrative

**Dr Catriona Connell** @DrCConnell

3 months ago

@BillWongOT @Cass_OT__ @RebeccaCrouch Great question - would have to dig a bit more into translated interpretive narrative research - cross cultural meanings and language idioms would need more than literal translation #otalk

**Kate Tudor** @OT_KateT


3 months ago

@BillWongOT @RebeccaCrouch My students see such a small snippet of the 3 year

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#OTalk

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 **Cindy OT** @SigningOTQueen

3 months ago



@RebeccaCrouch Yes. It's a meaningful occupation, probably even more so if you choose what to read. Also, can probably learn something about a person by what types of books they enjoy reading. Of course, it gives us a chance to ask questions and establish rapport. #OTalk

 **Bill Wong, OTD, OTR/L** @BillWongOT


3 months ago

@OT_KateT @dmay_ot @RebeccaCrouch in nursing home environment in my setting, it is not uncommon for long term care residents being on caseload 10+ times! #otalk

 **Alice** @SLTAlice

3 months ago

RT @RebeccaCrouch: Ready for the first question? Here is it! Question 1: What is your understanding of the term "narrative" & the role it p...

 **deb_OT** @dmay_ot

3 months ago

@RebeccaCrouch On a semi-related note, I also started making books which is such an occupational joy it's incredible. new skills, creating things of beauty. #otalk

 **Angie Hodgson** @AngieHodgson2


3 months ago

@BillWongOT @RebeccaCrouch #OTalk totally agree @BillWongOT The beauty of reading something that I want to read rather than have to read 😊

 **Anna Braunizer (she/her)** @ABraunizer

3 months ago

@RebeccaCrouch It can also be part of participating in a book club - it can be a way to connect with friends and family (in the real world and those characters that are almost like friends - that you root for in their stories)#OTalk #bookworm

 **Georgia Vine** @GeorgiaVineOT

3 months ago

@RebeccaCrouch Enhances creativity? #OTalk

 **Cassandra** @Cass_OT__

3 months ago

@BillWongOT @DrCConnell @RebeccaCrouch #OTalk hmmm interesting one! Yes it would be very import to understand it correctly. I prefer not to work with an interpreter because I am always afraid the story would be twisted.

 **Annette McKinnon** @anetto

3 months ago

@GeekyOT @RebeccaCrouch Did you read 'Severance' by Ling Ma, or the sprawling 'The Stand'. Dystopian fiction appeals to many but I never thought we'd be this close to it. #OTalk

 **Susan Griffiths** @SusanGriffiths5

3 months ago

@RebeccaCrouch I have so many happy memories of reading books from a young age when my mum introduced me to Enid Blyton. For me personally it is a meaningful occupation but I recognise that for many people it isn't - they may

prefer to learn narratives through paintings, films, music, etc. #OTalk

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Margaret Spencer @margaretOT360

3 months ago

Maslow got it right #otalk

Cindy OT @SigningOTQueen

3 months ago

@RebeccaCrouch Personally, I love reading, especially when I was an introverted teenager. It gave me comfort. I think it was later on that I grew out of my shell and was able to socialize with more friends. I don't get to do as much now, but I'm hoping to change that. #OTalk

GillianOTStudent @GillianH351981

3 months ago

@RebeccaCrouch I think a narrative given from a persons life is sometimes just a snapshot of them and this may grow and develop further if the OT has the chance to build on the therapeutic relationship, people are not always willing to share their narrative #OTalk

#OTalk @OTalk_

3 months ago

RT @RebeccaCrouch: Here's question 4: What can we learn from narratives in the books we read & can this inform our practice? #OTalk <https://...>

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@DrCConnell @Cass_OT_ @RebeccaCrouch I am lucky I am trilingual. So, when I have to use another language other than English clinically, I always try to find culturally acceptable words that the situations require. (I admit- I need to practice my Mandarin from time to time to make sure I am sharp!) #otalk

Cassandra @Cass_OT_

3 months ago

Good tip for further information #OTalk

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @GillianH351981: @RebeccaCrouch I think a narrative given from a persons life is sometimes just a snapshot of them and this may grow and...

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @SigningOTQueen: @RebeccaCrouch Personally, I love reading, especially when I was an introverted teenager. It gave me comfort. I think i...

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @SusanGriffiths5: @RebeccaCrouch I have so many happy memories of reading books from a young age when my mum introduced me to Enid Blyto...

Margaret Spencer @margaretOT360

3 months ago

Me too #otalk

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago


RT @Cass_OT_: @BillWongOT @DrCConnell @RebeccaCrouch #OTalk Pinning interesting one! Yes it would be very import to understand it correctly....





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 **deb_OT** @dmay_ot 3 months ago
 @RebeccaCrouch Totally. Love reading. Rediscovered reading for pleasure sine graduation. I share with friends, with my children, I have a massive to-be-read- pile of work and non-work reading. If it's on my twitter feed and it's not OT, it's books !#otalk


 **Carolina Cordero** @colourful_ot 3 months ago
 @RebeccaCrouch I think reading first-hand accounts is important for understanding the diversity of experiences that are out there and being better prepared to work with people because we're making fewer assumptions about their life story #OTalk


 **Susan Griffiths** @SusanGriffiths5 3 months ago
 @RebeccaCrouch Open our eyes to different perspectives and challenge our own views #OTalk


 **Bill Wong, OTD, OTR/L** @BillWongOT 3 months ago
 @Cass_OT_ @DrCCConnell @RebeccaCrouch how about this- what if YOU are the interpreter for a work colleague? #otalk

 **Kate Tudor** @OT_KateT 3 months ago
 @BillWongOT @dmay_ot @RebeccaCrouch That must be quite nice in a way - to get to know them, help them overcome something and get back on with life. Then short cut to the productive bit of a relationship when they come back in. #OTalk

 **Ellie Bamber** @EllietheOT 3 months ago
 @RebeccaCrouch We can learn things about other people and other cultures. When I was a child I read the curious incident of the dog in the night time. It's about a boy with autism. My younger sister has autism and it really helped me to understand her point of view #Otalk

 **Rebecca, Occupational Therapist** @RebeccaCrouch 3 months ago
 In my book grp we r mostly white & cis-gendered. We read books by a variety of authors. This offers us different experiences & points o view beyond our own. This has rly helped my practice. Being able to understand different narratives is so important. #OTalk

 **Angie Hodgson** @AngieHodgson2 3 months ago
 @RebeccaCrouch @OTalk_ #OTalk yes, I would definitely say reading is a meaningful occupation for me and has been since I was a child (only child, i did a lot of reading!) I'm old school though, it has to be an actual book and not reading from a screen

 **Bill Wong, OTD, OTR/L** @BillWongOT 3 months ago
 RT @OT_KateT: @BillWongOT @dmay_ot @RebeccaCrouch That must be quite nice in a way - to get to know them, help them overcome something and...

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Cassandra @Cass_OT_

3 months ago

Having the same with Dutch - English!! So hard to express properly what you mean you should hear me stutter in the @SPOTEurope meetings sometimes. Terrible! #OTalk



#OTalk @OTalk_

3 months ago

A good reminder that narratives can be articulated in many forms #OTalk



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

@colourful_ot Yes to this! #OTalk



Sam Pywell @smileyfacehalo

3 months ago

Bingo



Anna Braunizer (she/her) @ABraunizer

3 months ago

RT @OTalk_: A nice description of reading from a personal perspective #OTalk



JasminOT @JasminLaffy

3 months ago

@RebeccaCrouch Gaining insight into different experiences #otalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@OT_KateT @dmay_ot @RebeccaCrouch yes/no in my setting. If I am a regular in a nursing home, yes! If I am NOT, though, I still would have to figure things out as if they were there the first time. #otalk



Cassandra @Cass_OT_

3 months ago

@BillWongOT @DrCConnell @RebeccaCrouch #OTalk I would do everything I can to reassure I got the story right! Like check ten times or even more.



Anna Braunizer (she/her) @ABraunizer

3 months ago

RT @OTalk_: A good reminder that narratives can be articulated in many forms #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@Cass_OT_ @SPOTEurope haha- I stutter a bit last week too. My primary language is not English, you know. #otalk



Angie Hodgson @AngieHodgson2

3 months ago

@EllietheOT @RebeccaCrouch #OTalk great book! Takes me back to my holiday in Tenerife too as that's where I read it



Clarissa #BlackLivesMatter @GeekyOT

3 months ago

@anetto @RebeccaCrouch The Stand is fantastic, although I'm not sure I ever made it to the end! Not heard of Severance but will check it out. Read Nod by Adrian Barnes recently this quote v poignant #OTalk <https://t.co/gaA6t1TA>

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Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @Cass_OT_: @BillWongOT @DrCConnell @RebeccaCrouch #OTalk I would do everything I can to reassure I got the story right! Like check ten...



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

RT @colourful_ot: @RebeccaCrouch I think reading first-hand accounts is important for understanding the diversity of experiences that are o...



Cassandra @Cass_OT__

3 months ago

RT @SPOTEurope: We agree! Someone's story of what makes them 'them' ❤️. It is so important we don't disregard someone's life before we knew...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @EllietheOT: @RebeccaCrouch We can learn things about other people and other cultures. When I was a child I read the curious incident of...



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

RT @GeekyOT: @anetto @RebeccaCrouch The Stand is fantastic, although I'm not sure I ever made it to the end. Not heard of Severance but wil...



Cassandra @Cass_OT__

3 months ago

RT @SPOTEurope: Agreed! Narratives are so important to show people that we care about THEM as a person ! Also encourages collaborative car...



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

RT @EllietheOT: @RebeccaCrouch We can learn things about other people and other cultures. When I was a child I read the curious incident of...



Carolina Cordero @colourful_ot

3 months ago

@RebeccaCrouch For example I haven't read @fodderfigure's book yet but I expect it'll give me a different perspective on autism than other books have 😊 #OTalk <https://t.co/ols6n6TP5p>



deb_OT @dmay_ot

3 months ago

@Cass_OT__ @RebeccaCrouch @OTalk_ but with a kindle you can read under the covers at night! (I wouldn't be without proper books though) #otalk



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

Last but not least, question 5: If you had to recommend a book/s to the people in today's #OTalk, what would it be and why? <https://t.co/UQwBqlvQCB>



#OTalk @OTalk_

3 months ago

RT @RebeccaCrouch: Last but not least, question 5: If you had to recommend a book/s to the people in today's #OTalk, what would it be and w...





Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@EllietheOT @RebeccaCrouch Autism is a different brain game. Each autistic adult has his/her personality, let know I can be quirky in some ways. Although I'm not a professional because that's my ultimate responsibility. #otalk

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 **Cindy OT**  @SigningOTQueen

3 months ago



@Cass_OT_ @SPOTEurope I think English is tough! American Sign Language is so much more graceful, that's just my opinion. Also, the grammar of ASL is more similar to French than English... believe it or not. #OTalk

Katie Moffat @Katie_Moffat

3 months ago



@RebeccaCrouch I find the language and writing styles of different authors helpful to think about how I might word a conversation. Every now and then I discover a word or sentence that perfectly captures something I want to say and note it down for future reference. #OTalk

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



RT @Katie_Moffat: @RebeccaCrouch I find the language and writing styles of different authors helpful to think about how I might word a conv...

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



RT @SigningOTQueen: @Cass_OT_ @SPOTEurope I think English is tough! American Sign Language is so much more graceful, that's just my opinio...

Laura Cliff @laurafcliff

3 months ago



@RebeccaCrouch How do you choose just one? #OTalk

Katie Moffat @Katie_Moffat

3 months ago



@EllietheOT @RebeccaCrouch Agree with this so much- such an insightful read! #OTalk

Kate Tudor @OT_KateT

3 months ago



@smileyfacehalo @DrCCConnell @Cass_OT_ @RebeccaCrouch Oh my god!!!! Where is your source for fractal veg - I need this in my life #OTalk

deb_OT @dmay_ot

3 months ago



@libby_callaway @RebeccaCrouch Has covid changed the way you read as a family? #otalk

Angie Hodgson @AngieHodgson2

3 months ago



@RebeccaCrouch @OTalk_ #OTalk I'm currently enjoying reading this (as recommended by @Ruth_Hawley) and love the narrative style. I think this would be more likely to influence my practice than some of the fiction I've read 😊
<https://t.co/CljBkwkhh0>

Hannah Spencer @hspenceruk

3 months ago



@RebeccaCrouch #OTalk definitely meaningful in it's own right and as and a part of other meaningful occupations... I'd rather read printed rather than on screen but appreciate the ready availability of a whole world of reading in the digital sphere. Like an audiobook to drive to too...

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Sam Pywell @smileyfacehalo
@RebeccaCrouch #otalk productivity ninja

3 months ago



Bill Wong, OTD, OTR/L @BillWongOT
@SigningOTQueen @Cass_OT_ @SPOTEurope Unbiasedly speaking, I would say Chinese is tougher. I would say Cantonese is probably my hardest, followed by Mandarin, then English... if all things are equal. #otalk

3 months ago



Ellie Bamber @EllietheOT
@BillWongOT @RebeccaCrouch As my sister says now- if you have met one person with autism, you have met one person with autism. #otalk

3 months ago



OT Sophie @OTSophie
@AngieHodgson2 @RebeccaCrouch @OTalk_ Goodness yes. I downloaded the library app as I'm missing my weekly books and I really cant get on with it. At all. Actually stresses me out! #OTalk

3 months ago



Bill Wong, OTD, OTR/L @BillWongOT
RT @EllietheOT: @BillWongOT @RebeccaCrouch As my sister says now- if you have met one person with autism, you have met one person with anti...

3 months ago



JasminOT @JasminLaffy
@RebeccaCrouch Reinventing Emma by @ege1. A first hand account of an occupational therapist who became the client following a stroke. So informative in considering how what you do impacts each client #otalk

3 months ago



Anna Braunizer (she/her) @ABraunizer
@colourful_ot @RebeccaCrouch I'm excited for when @DisVisibility's book comes out #OTalk

3 months ago



Margaret Spencer @margaretOT360
RT @EllietheOT: @BillWongOT @RebeccaCrouch As my sister says now- if you have met one person with autism, you have met one person with anti...

3 months ago



Cassandra @Cass_OT_
Good summary #OTalk !

3 months ago



Rebecca, Occupational Therapist @RebeccaCrouch
@Katie_Moffat That's a nice idea. I might try that! #OTalk

3 months ago



Cindy OT @SigningOTQueen
@BillWongOT @DrCConnell @Cass_OT_ @RebeccaCrouch There's always going to be words that are lost in translation. That's tough. There's no appropriate sign for "OT" except finger-spelling "O-T" #Otalk

3 months ago

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**JasminOT** @JasminLaffy

3 months ago

RT @EllietheOT: @BillWongOT @RebeccaCrouch As my sister says now- if you have met one person with autism, you have met one person with auti...

**Bill Wong, OTD, OTR/L** @BillWongOT

3 months ago

@EllietheOT @RebeccaCrouch At least you can tell your sister, "Hey! One of my work colleagues across the pond is also autistic." #otalk

**Susan Griffiths** @SusanGriffiths5

3 months ago

@RebeccaCrouch I read a lot of books which tells narratives from the autistic person's perspective and often share these with the autistic children, their siblings, parents and teachers to help them understand what the child may be going through #OTalk <https://t.co/btHPrLGFa>

**Bill Wong, OTD, OTR/L** @BillWongOT

3 months ago

RT @SigningOTQueen: @BillWongOT @DrCConnell @Cass_OT_ @RebeccaCrouch There's always going to be words that are lost in translation. That's...

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

I have so many recommendations, where to begin? 1/ Hunger: A Memoir of (My) Body by Roxanne Gay. A personal memoir about what it means to be overweight 2/ The Sun & her flowers by Rupi Kaur. Book of poetry about a journey of wilting, falling, rooting, rising & blooming #OTalk <https://t.co/DzvwL7U1UB>

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

@laurafcliff Laura, you are welcome to share as many as you want! #OTalk

**Ruth Hawley** @Ruth_Hawley

3 months ago

@RebeccaCrouch I'm not managing to contribute as well as support tonight's #OTalk but this is a useful thread for book recommendations, particularly for those in mental health <https://t.co/yrWOWv8CSv>

**Cassandra** @Cass_OT_

3 months ago

@RebeccaCrouch What is your experience of being in a book group? #OTalk

**Carolina Cordero** @colourful_ot

3 months ago

@ABraunizer @RebeccaCrouch @DisVisibility I'll add that to my list! #OTalk

**Annette McKinnon** @anetto

3 months ago

@GeekyOT @RebeccaCrouch Another is Station 11 by Emily St John Mandel. So interesting to me being set in Toronto to start, and with theatre as an integral element. #OTalk

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erin ʘ @erinjeandodds

3 months ago



@RebeccaCrouch @OTalk_ Hugely important as communication is key to listening and understanding our clients, whether it be prior to the ax by liaising with other AHP for information gathering, to communicating with the client themselves and their family/carers #OTalk

Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago



@smileyfacehalo @OT_KateT @DrCConnell @Cass_OT_ I'm loving this thread. #OTalk

Hannah Spencer @hspenceruk

3 months ago



RT @Ruth_Hawley: @RebeccaCrouch I'm not managing to contribute as well as support tonight's #OTalk but this is a useful thread for book rec...

OT Sophie @OTSophie

3 months ago



@RebeccaCrouch Any book by Cecilia Ahern for a start.i really struggle if I dont get "in to" the story quickly but the visualisation in her writing is visarol #OTalk

Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago



3/ In the Dream House by Carmen Maria Machado. An inventive & beautiful memoir about how easy it is to find yourself in an abusive relationship & not even know it 4/ TRANS: A Memoir by Juliet Jacques, a friend of mine. About life before, during & beyond her transition #OTalk <https://t.co/mcAb9YXA3v>

Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago



RT @AngieHodgson2: @RebeccaCrouch @OTalk_ #OTalk I'm currently enjoying reading this (as recommended by @Ruth_Hawley) and love the narrati...

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



@SigningOTQueen @DrCConnell @Cass_OT_ @RebeccaCrouch well- in Chinese, having to remember what translation (since we have 3) to apply is not easy. There's 1 for people from mainland China. 1 for Hong Kong, and 1 for other Chinese speaking countries. So I always ask where people are from if they are Chinese speaking. #otalk

deb_OT @dmay_ot

3 months ago



@SigningOTQueen @RebeccaCrouch I think as a child a lot of my friends were book characters! #otalk

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



RT @dmay_ot: @SigningOTQueen @RebeccaCrouch I think as a child a lot of my friends were book characters! #otalk

Cassandra @Cass_OT_

3 months ago



@SigningOTQueen @margaretOT360 What kind of setting are you working in? #OTalk

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**Dr Catriona Connell** @DrCConnell

3 months ago

@SigningOTQueen @BillWongOT @Cass_OT__ @RebeccaCrouch Does it work if you use the full term which has meaning, rather than abbreviation which doesn't? #otalk

**Bill Wong, OTD, OTR/L** @BillWongOT

3 months ago

RT @erinjeandodds: @RebeccaCrouch @OTalk_ Hugely important as communication is key to listening and understanding our clients, whether it b...

**Catherine McNulty** @cathymc9781

3 months ago

@RebeccaCrouch @OTalk_ #OTalk I have a pile of books here.. A Street Cat Named Bob by James Bowen... narrative of how caring for a cat helped a guy change his life... also a film now & both the cat & James famous

**Angie Hodgson** @AngieHodgson2

3 months ago

@Ruth_Hawley @RebeccaCrouch #OTalk I started writing these down when I saw @Keirwales tweet the other day. Good list for me to investigate going forwards

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

This sounds so interesting @JasminLaffy! Having worked in neuro, I would be really interested in reading this. #OTalk

**Kate Tudor** @OT_KateT

3 months ago

@RebeccaCrouch I think I'm going to have to say yes... #OTalk (ps lockdown came before the rest of the shelves!) <https://t.co/I5cnzkhy06>

**Student Platform OT** @SPOTEurope

3 months ago

Certainly! In personal life and academic life - especially when you get to pick your own topics to research! It is less purposeful and more meaningful then! #OTalk

**Cindy OT** @SigningOTQueen

3 months ago

@DrCConnell @BillWongOT @Cass_OT__ @RebeccaCrouch The problem is how do I sign "occupation" - I may have to expand and sign "involves everything that you do..." #OTalk

**Bill Wong, OTD, OTR/L** @BillWongOT

3 months ago

@DrCConnell @SigningOTQueen @Cass_OT__ @RebeccaCrouch When it comes to Chinese, I think full term is automatic. If abbreviation, I will just say OT instead. #Otalk

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

RT @SusanGriffiths5: @RebeccaCrouch I read a lot of books which tells narratives from the autistic person's perspective and often share the...

**Cindy OT** @SigningOTQueen

3 months ago

@Cass_OT__ @margaretOT360 I'm use to work in Geriatrics... now I'm working in Early Intervention #OTalk

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**Margaret Spencer** @margaretOT360

3 months ago

Learning disabilities, although the same is true in my Uni work with students and the #OTs I supervise. I guess we all want to share our stories and be listened to and valued #otalk

**Student Platform OT** @SPOTEurope

3 months ago

This looks great! And much needed at this current time - thanks for sharing! #OTalk

**Cindy OT** @SigningOTQueen

3 months ago

@Cass_OT__ @margaretOT360 PS: sorry about the typo #Otalk

**GillianOTStudent** @GillianH351981

3 months ago

@RebeccaCrouch @OTalk_ As a 4th year student narratives in books have very much been my life but I will definitely use them as a guide for me entering into the world of professional working and it gives me comfort to read about different perspectives in preparation for practice #OTalk

**Monica Iofciu_OT** @Monicalofciu

3 months ago

#OTalk A bit late but hello everyone! Looking forward to catching up with this evening's talk <https://t.co/9sVAOBvXAE>

**Carolina Cordero** @colourful_ot

3 months ago

@RebeccaCrouch The Spirit Catches You and You Fall Down by Anne Fadiman; coming back to the earlier questions about narrative I think it's a book that shows really well how people can have totally different understandings of a situation and how health professionals need to listen #OTalk

**Laura Cliff** @laurafcliff

3 months ago

@RebeccaCrouch Somebody I used to know by Wendy @WendyPMitchell is a fantastic memoir of a lady that developed early onset dementia. It has so many useful tips in it that can help #OccupationalTherapists working with individuals with dementia #OTalk

**Angie Hodgson** @AngieHodgson2

3 months ago

@RebeccaCrouch @OTalk_ #OTalk I mentioned it in the previous question, but I'd recommend this one... <https://t.co/ZNhyHUTaNF>

**Cindy OT** @SigningOTQueen

3 months ago

@Cass_OT__ @SPOTEurope To be fair, Dutch, English and ASL are completely different languages! #Otalk

**Bill Wong, OTD, OTR/L** @BillWongOT


3 months ago


@SigningOTQueen @DrCCConnell @Cass_OT__ @RebeccaCrouch I have this difficulty with Chinese- Cantonese or Mandarin. So, I get around it by mentioning specific occupations instead #otalk


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 **Marcus Dean** @MarcusD88167580 3 months ago
 @RebeccaCrouch @OTalk_ #otalk Very important if we are to be person centred and not operate on assumptions it's highly important to understand that persons particular set of circumstances and personal journey. Central to this for me is building rapport with those using a service.


 **Rebecca, Occupational Therapist** @RebeccaCrouch 3 months ago
 @ABraunizer And I'm not sure if we can? Maybe it's better to hold them in our mind whilst working with people as opposed to applying them. We are working with individuals after all. #OTalk


 **Katie Moffat** @Katie_Moffat 3 months ago
 @SusanGriffiths5 @RebeccaCrouch A boy made of blocks is a very interesting read! If I remember it's from the perspective of the father, but about how he uses playing minecraft to build their relationship. #OTalk


 **Cassandra** @Cass_OT__ 3 months ago
 Agreed! And not everything is translate-able #OTalk

 **Rebecca, Occupational Therapist** @RebeccaCrouch 3 months ago
 RT @laurafcliff: @RebeccaCrouch Somebody I used to know by Wendy @WendyPMitchell is a fantastic memoir of a lady that developed early onset...

 **Cindy OT** @SigningOTQueen 3 months ago
 @BillWongOT @DrCConnell @Cass_OT__ @RebeccaCrouch Smart. I end up signing "eating, brushing teeth, combing hair, getting dressed, going to the toilet, bathing" lol #OTalk

 **Rebecca, Occupational Therapist** @RebeccaCrouch 3 months ago
 RT @colourful_ot: @RebeccaCrouch The Spirit Catches You and You Fall Down by Anne Fadiman; coming back to the earlier questions about narra...

 **JasminOT** @JasminLaffy 3 months ago
 @RebeccaCrouch @egee1 Also, Wasted: A Memoir of Anorexia and Bulimia by Marya Hornbacher. Such an impactful and real account of having an eating disorder. #otalk

 **Ellie Bamber** @EllietheOT 3 months ago
 @RebeccaCrouch Mentioned it in the previous question but definitely the curious incident of the dog in the night time #OTalk

 **Bill Wong, OTD, OTR/L** @BillWongOT 3 months ago
 @SigningOTQueen @DrCConnell @Cass_OT__ @RebeccaCrouch in my case, it helps that I am a native speaker in Cantonese and more than competent in Mandarin. So that is my adaptation strategy! #otalk

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erin ʘ @erinjeandodds

3 months ago



@RebeccaCrouch @OTalk_ Reading can definitely be a meaningful occupation to a person and I personally believe this could be either alone as a way to destress/relax or reading to the likes of their children, which may provide further meaning to this activity #OTalk

Kate Tudor @OT_KateT

3 months ago



@RebeccaCrouch @smileyfacehalo @DrCConnell @Cass_OT_ There's a poddington pea in there too! Vegetable gifs are clearly a good thing for the world #OTalk <https://t.co/OhwuOCbs5Z>

Cassandra @Cass_OT__

3 months ago



@DrCConnell @SigningOTQueen @BillWongOT @RebeccaCrouch I believe in translate I believe it is always important to use the official term an no abbreviations #OTalk

JasminOT @JasminLaffy

3 months ago



@RebeccaCrouch It's very interesting! And Emma is still sharing her rehab journey via twitter #otalk

Catherine McNulty @cathymc9781

3 months ago



@RebeccaCrouch @OTalk_ #OTalk Billy Elliot by Ken Loach in chapter where Billy talks why he loves dancing a beautiful portrayal of flow in occupation...Billy says when he is dancing its like electricity he sort of disappears

Susan Griffiths @SusanGriffiths5

3 months ago



@EllietheOT @RebeccaCrouch I love that book too #OTalk

Bill Wong, OTD, OTR/L @BillWongOT

3 months ago



@Cass_OT_ That is why I adapted this practice when I attended both WFOT in 2014 and 2018. Whenever I see Mandarin speaking or Cantonese speaking OT's, I would speak to them in these languages instead of English. I want to pick up terminologies I would not have known from textbooks. #otalk

Rachel Student OT @Rachel_SOT

3 months ago



@RebeccaCrouch #OTalk reading is definitely an occupation for me, it can always be improved with tea, biscuits and a lovely comfy chair, or, on the beach or by a pool. It's my favourite relaxing occupation.

OT Sophie @OTSophie

3 months ago



@RebeccaCrouch They really help me to understand other narratives better in order to impact my therapeutic self #OTalk

Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago



RT @JasminLaffy: @RebeccaCrouch @egee1 Also, Wasted: A Memoir of Anorexia

and Bulimia by Marya Hironaka. Such an impactful and readable!! We use cookies (and other similar technologies) to collect, store and improve our site. By using our website, you're agreeing to the collection of data as described in our [Website Data Collection Policy](#).



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**Bill Wong, OTD, OTR/L** @BillWongOT

3 months ago

@Cass_OT_ @SigningOTQueen @DrCConnell @RebeccaCrouch 9 tones for Cantonese and 5 for Mandarin. #otalk

**JasminOT** @JasminLaffy

3 months ago

@nurse_r @RebeccaCrouch Is it even reading if there is no tea? #otalk

**Kate Tudor** @OT_KateT

3 months ago

@dmay_ot @RebeccaCrouch Theoretically to be read, but with an acknowledgement that I'll have to live to about 500 to achieve it 😬 #OTalk

**Katie Moffat** @Katie_Moffat

3 months ago

@RebeccaCrouch 'Creating magic' Developing leadership strategies that are used within the Disney company. I read it before starting a job with Disney- but have since went back to it, there excellent examples of how you treat others reflecting well on yourself. #OTalk

**Anna Braunizer (she/her)** @ABraunizer

3 months ago

@RebeccaCrouch Exactly - that's what I meant. There are some therapy skills-based books, and need to consider what else need (I.e. courses) to develop competence in what reading about if want to apply it in practice #OTalk

**deb_OT** @dmay_ot

3 months ago

#OTalk this is interesting on therapeutic relationships and disclosure. Gripping but not always easy <https://t.co/zvYcnpYWSa>

**Georgia Vine** @GeorgiaVineOT

3 months ago

@RebeccaCrouch That's hard! Probably The Ables (a book about disabled superheroes) to show disability isn't a weakness #OTalk

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

RT @cathymc9781: @RebeccaCrouch @OTalk_ #OTalk Billy Elliot by Ken Loach in chapter where Billy talks why he loves dancing a beautiful port...

**Ruth Hawley** @Ruth_Hawley

3 months ago

@RebeccaCrouch Also personally, with my area of clinical interest in #mentalhealth and #psychosis I've loved both of @nathanfiler books and highly recommend them. #OTalk

**Cheryl Crow, OT with RA** @realcc

3 months ago

@RebeccaCrouch YES! #OTalk <https://t.co/jdi2P7dS8q>

**#OTalk** @OTalk_

3 months ago

Not to cut across the conversation, but there's only 5 minutes left. Any final thoughts? #OTalk

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Laura Cliff @laurafcliff

3 months ago

@RebeccaCrouch Kika and Me by Amit Patel - a DR that loses his sight and the story of how getting a guide dog helped him. #OTalk



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

RT @Katie_Moffat: @RebeccaCrouch 'Creating magic' Developing leadership strategies that are used within the Disney company. I read it befor...



Dr Catriona Connell @DrCCConnell

3 months ago

@SigningOTQueen @BillWongOT @Cass_OT__ @RebeccaCrouch I am not sure I know any other signing occupational therapists you could ask ... #otalk @OTalk_



Hannah Spencer @hspenceruk

3 months ago

@RebeccaCrouch #OTalk both of these and others by Matthew Johnstone. Accessible as short and beautifully illustrated but so so insightful. These together with both Matt Haig and Nathan Filer... <https://t.co/hBhqAGzOT>



JasminOT @JasminLaffy

3 months ago

@OT_KateT @RebeccaCrouch @smileyfacehalo @DrCCConnell @Cass_OT__ Vegetable gifs are something I didn't know I needed in my life until now. New meaningful occupation? #otalk



Catherine McNulty @cathymc9781

3 months ago

RT @OTalk_: A nice description of reading from a personal perspective #OTalk <https://t.co/m8bCbPjTRY>



Anna Braunizer (she/her) @ABraunizer

3 months ago

@RebeccaCrouch And also to be mindful that we're not forming new assumptions or expectations for people based on what we read about other people's first person accounts - because everyone is individual #OTalk



Clarissa #BlackLivesMatter @GeekyOT

3 months ago

@DrCCConnell @SigningOTQueen @BillWongOT @Cass_OT__ @RebeccaCrouch @OTalk_ What about @HannahtheOT ? #OTalk



Emma Keeling @emke

3 months ago

@RebeccaCrouch @OTalk_ Bought for me by a wonderful OT and my best friend @natlouj I cannot think of a better book for the current time #OTalk <https://t.co/Wq0GhZiRu8>



Cassandra @Cass_OT__

3 months ago

@margaretOT360 Yes we do! Having the feeling we are heard can be very satisfying #OTalk



Catherine McNulty @cathymc9781

3 months ago

RT @OT_KateT: @RebeccaCrouch My narrative reasoning sits within my experience of the world. Hence however actively I listen to another pers...

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Susan Griffiths @SusanGriffiths5

3 months ago

@OTalk_ OTs are a bunch of bookworms 😊 #OTalk



Marcus Dean @MarcusD88167580

3 months ago

@RebeccaCrouch @OTalk_ #otalk After taking a break between my undergraduate and postgraduate I can say that I do find it harder to read for pleasure when I need to read academically but generally yes a really meaningful occupation. I have flown through the Lord of the Rings series in the last 4 weeks



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @nurse_r: @RebeccaCrouch #OTalk reading is definitely an occupation for me, it can always be improved with tea, biscuits and a lovely co...



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

@Ruth_Hawley @nathanfiler Are these fiction or non-fiction? I have struggled finding books written by people who have experienced mental health difficulties. I would like to read more of these, especially now I am working in this field. #OTalk



Kate Tudor @OT_KateT

3 months ago

@JasminLaffy @RebeccaCrouch @smileyfacehalo @DrCConnell @Cass_OT_ Next #OTalk topic.....



Becky Matson @beckymatson84

3 months ago

@RebeccaCrouch @OTalk_ The boy who was raised a dog - Bruce Perry is a must read for anyone working in mental health in particular #OTalk



deb_OT @dmay_ot

3 months ago

@RebeccaCrouch @JasminLaffy I also really like Lisa Genoa's books. Fictional but written by a neurologist. #Otalk



Deb HOME. @debbieduckie

3 months ago

@RebeccaCrouch #OTalk absolutely. I read mainly nonfiction. But reading gives me scaffolding for my unformed thoughts and feelings. It's how I recognise emotion and express it. I 'flow' when reading so much more than I do anything else. I have to meter reading t so the kids get fed!



Cassandra @Cass_OT_

3 months ago

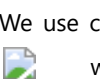
@SigningOTQueen @SPOTEurope Yes I agree on you on that one! #OTalk when did you learn ASL?



Carolina Cordero @colourful_ot

3 months ago

@RebeccaCrouch I think we're really limited in OT by how homogenous a community we are - ideally we'd have a much more diverse workforce but in the meantime I do think reading helps to broaden our horizons a bit #OTalk



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

RT @laurafcliff: @RebeccaCrouch Kika and Mo by Amit Patel - a DP that loses his sight and the story of how getting a guide dog helped him....
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Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@GeekyOT @DrCCConnell @SigningOTQueen @Cass_OT__ @RebeccaCrouch @OTalk_ @HannahtheOT How similar is BSL vs. ASL... that will be the thing. #otalk



Margaret Spencer @margaretOT360

3 months ago

Great talk this evening, some thoughtful, and insightful questions well done really enjoyable #Otalk



Cheryl Crow, OT with RA @realcc

3 months ago

@RJOTSeashell @RebeccaCrouch Yes! #OTalk <https://t.co/ZStiuaMCNo>



Catherine McNulty @cathymc9781

3 months ago

RT @SigningOTQueen: @BillWongOT @RebeccaCrouch A client/ patient telling their story. If we don't have their narrative to learn who they ar...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @colourful_ot: @RebeccaCrouch I think we're really limited in OT by how homogenous a community we are - ideally we'd have a much more di...



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

RT @hspenceruk: @RebeccaCrouch #OTalk both of these and others by Matthew Johnstone. Accessible as short and beautifully illustrated but so...



Cindy OT @SigningOTQueen

3 months ago

@RebeccaCrouch Tuesdays With Morrie An Unquiet Mind Brain on Fire I enjoyed the first because the person wanted to make his remaining time meaningful. The second two - really enjoyed reading about their first-person accounts regarding their struggles with mental health #Otalk



erin @erinjeandodds

3 months ago

@RebeccaCrouch @OTalk_ I believe it can help expand our creativity - and maybe to help us enhance our communication skills? ✨ #OTalk



Cheryl Crow, OT with RA @realcc

3 months ago

RT @SigningOTQueen: @RebeccaCrouch Tuesdays With Morrie An Unquiet Mind Brain on Fire I enjoyed the first because the person wanted to mak...



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

@colourful_ot @RebeccaCrouch and given we are in this pandemic... reading lips is not an option in some settings. :(#otalk



Cassandra @Cass_OT__

3 months ago

@JasminLaffy @OT_KateT @RebeccaCrouch @smileyfacehalo @DrCCConnell Yes new meaningful occupation #OTalk <https://t.co/KwbyUsJpYr>



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

@emke @OTalk @natlouj Looks intriguing! What's it about? #OTalk

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**JasminOT** @JasminLaffy

3 months ago

@dmay_ot @RebeccaCrouch I have so many books to add to my want to read list now #otalk

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

RT @emke: @RebeccaCrouch @OTalk_ Bought for me by a wonderful OT and my best friend @natlouj I cannot think of a better book for the curren...

**Catherine McNulty** @cathymc9781

3 months ago

@OTalk_ Thankyou for a brilliant topic Rebecca!! #OTalk

**Amanda White** @ajciliaOT

3 months ago

@RebeccaCrouch #otalk Q1 late to the chat sorry . #narative to the story an individual has to tell.

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

RT @beckymatson84: @RebeccaCrouch @OTalk_ The boy who was raised a dog - Bruce Perry is a must read for anyone working in mental health in...

**Hannah Spencer** @hspenceruk

3 months ago

@margaretOT360 Agreed! Another busy one - great discussion! #OTalk

**Amanda White** @ajciliaOT

3 months ago

RT @RebeccaCrouch: Ready for the first question? Here is it! Question 1: What is your understanding of the term "narrative" & the role it p...

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

Right everyone, I'm afraid that's it for tonight. Thank you so much for your participation, all your fantastic tweets & book recommendations. Stay safe, take care & keep reading (or listening if you prefer audiobooks). #OTalk
<https://t.co/1ZuA9DssAY>

**#OTalk** @OTalk_

3 months ago

Well that's the official hour done. What a great discussion and so many good book recommendations. Thanks to @RebeccaCrouch for hosting. Don't forget the transcript will pick up any tweets with the #OTalk until tomorrow and will be available later in the week.

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

RT @debbieduckie: @RebeccaCrouch #OTalk absolutely. I read mainly nonfiction. But reading gives me scaffolding for my unformed thoughts and...

**Anna Braunizer (she/her)** @ABraunizer


3 months ago


@RebeccaCrouch Accidents of Nature by Harriet McBryde-Johnson - I read this in highschool and it sparked my passion for #OccupationalJustice #DisabilityRights and #OccupationalTherapy #OTalk <https://t.co/WQgZQNqjR>

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 **deb_OT** @dmay_ot 3 months ago
#otalk I have referred to Rick Riordan's Percy Jackson series with a number of my teens - ADHD isn't a 'problem'- it's the result of being a demi-god with finely tuned reflexes that need checking and moves practicing at all times. ADHD=superpower

 **Clarissa #BlackLivesMatter** @GeekyOT 3 months ago
Massive thank you to @RebeccaCrouch for such a thought provoking chat and to @Ruth_Hawley for keeping things running smoothly! #OTalk

 **Louise** @oomooeatingcake 3 months ago
RT @JasminLaffy: @dmay_ot @RebeccaCrouch I have so many books to add to my want to read list now #otalk


 **Cheryl Crow, OT with RA** @realcc 3 months ago
@RebeccaCrouch Right now I have to say The Happiness Trap @the_hap_trap by Russ Harris, which is about #AcceptanceAndCommitment therapy, a mindfulness and meaningful values based approach which is SO congruent with occupational therapy! #OTalk <https://t.co/eVd0YWb2v9>


 **Susan Griffiths** @SusanGriffiths5 3 months ago
@RebeccaCrouch Thank you for hosting a great #otalk

  **Cindy OT**  @SigningOTQueen 3 months ago
@BillWongOT @GeekyOT @DrCCConnell @Cass_OT__ @RebeccaCrouch @OTalk_ @HannahtheOT ASL and BSL are so different. For example, ASL you sign all letters using one hand, and BSL two. Whew, I put up a Twitter video of me signing a greeting in BSL... I had to learn each word. #OTalk

 **#OTalk** @OTalk_ 3 months ago
#OTalk Chat – 28th April 2020 – Groupwork in Dementia Care
<https://t.co/OZ1lhDPain>

 **erin**  @erinjeandodds 3 months ago
@RebeccaCrouch @OTalk_ Dr Kathryn Mannix - With the End In Mind. It's an amazing book to read and highly recommend it, especially to those working with or interested in palliative care 🌸💕 #OTalk



 **Kate Tudor** @OT_KateT 3 months ago
@Ruth_Hawley @RebeccaCrouch @nathanfiler Great minds - my husband got me one (actually I bought it, but let's give him the credit) for Christmas. I'll prioritise it higher up the to read list now! #OTalk


 **Anna Braunizer (she/her)** @ABraunizer 3 months ago
RT @colourful_ot: @RebeccaCrouch The Spirit Catches You and You Fall Down by Anne Fadiman; coming back to the earlier questions about narra...



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 **Cindy OT**  @SigningOTQueen 3 months ago
 @Cass_OT_ @SPOTEurope I learned ASL in college! English is my first language #OTalk :)


 **JasminOT** @JasminLaffy 3 months ago
 @RebeccaCrouch Thanks for hosting! #otalk


 **Carolina Cordero**  @colourful_ot 3 months ago
 @ABraunizer @RebeccaCrouch I have another one of her books (Too Late to Die Young) on my shelf at the moment waiting to be read 📖 #OTalk



 **OT Sophie** @OTSophie 3 months ago
 Really enjoying reading "how to be bored" currently #otalk


 **Cassandra** @Cass_OT_ 3 months ago
 For our Dutch participants I recommend to read 'zondagskind' which is an autobiography of a woman who shares her experiences as a child with ASD #OTalk


 **Rebecca, Occupational Therapist** @RebeccaCrouch 3 months ago
 @colourful_ot I totally agree. & we really need to ask ourselves, what our role is in changing / challenging this? I would love to start going into schools & talking OT as a profession (I will find out more about this post-covid) #OTalk


 **#OTalk** @OTalk_ 3 months ago
 Probably true for many of us from tonight's #OTalk. Transforming the transcript into a book reading wish list.

 **Cassandra** @Cass_OT_ 3 months ago
 @RebeccaCrouch Thank you for hosting this one! I really enjoyed myself #OTalk

 **Cindy OT**  @SigningOTQueen 3 months ago
 @BillWongOT @colourful_ot @RebeccaCrouch Absolutely. That's why I advocate providers to team up in 2, and learn relevant gestures and signs- to expedite and ensure accuracy in communication... #OTalk

 **Rebecca, Occupational Therapist** @RebeccaCrouch 3 months ago
 RT @SigningOTQueen: @RebeccaCrouch Tuesdays With Morrie An Unquiet Mind Brain on Fire I enjoyed the first because the person wanted to mak...

 **Katie Moffat** @Katie_Moffat 3 months ago
 @RebeccaCrouch Thank you for hosting! And thank you all for extending my reading list by a mile!!! #OTalk

 **JasminOT** @JasminLaffy 3 months ago
 @OTalk That would be amazing if you could share it! #otalk

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**Anna Braunizer (she/her)** @ABraunizer

3 months ago

@colourful_ot @RebeccaCrouch I have this ordered from a local bookshop as recently discovered it a few days ago- I can't believe it took me this long to discover it! So excited to read it when it comes #OTalk

**Emma Keeling** @emke

3 months ago

@RebeccaCrouch @OTalk_ @natlouj You can dip into it at any page. It basically allows you to follow your dreams whilst putting life into context. Its wonderful! #OTalk <https://t.co/8BFyytSaC1>

**GillianOTStudent** @GillianH351981

3 months ago

@OTalk_ @RebeccaCrouch Thank you 😊 #OTalk

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

@JasminLaffy @dmay_ot Me too! This was one of the many reasons I wanted to host tonight's chat! #OTalk

**Laura Cliff** @laurafcliff

3 months ago

@EllietheOT @RebeccaCrouch Such a great book. Have you seen it at the theatre - definitely worth it. #OTalk

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

RT @ABraunizer: @RebeccaCrouch Accidents of Nature by Harriet McBryde-Johnson - I read this in highschool and it sparked my passion for #Oc...

**Ellie Bamber** @EllietheOT

3 months ago

@laurafcliff @RebeccaCrouch No but it's one I defiantly want to watch #Otalk

**Libby Callaway** @libby_callaway

3 months ago

@dmay_ot @RebeccaCrouch COVID has changed our time use significantly in the early stages of rapid #OccupationalTherapy service & school education redesign (whilst working & studying from home) but our night time routines, including reading, remain #OTalk

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

RT @dmay_ot: #otalk I have referred to Rick Riordan's Percy Jackson series with a number of my teens - ADHD isn't a 'problem'- it's the res...

**Louise** @oomooeatingcake

3 months ago

Thanks everyone! #OTalk

**Student Platform OT** @SPOTEurope

3 months ago

Thank you #OTalk and @RebeccaCrouch - great topic!

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**JasminOT** @JasminLaffy

3 months ago

@RebeccaCrouch @dmay_ot We need an #otalk about movies and podcasts now to get us all through quarantine #otalk

**Carolina Cordero** @colourful_ot

3 months ago

@RebeccaCrouch I think in general the thing to do in these situations is to amplify the voices of people who are marginalised or excluded - so in this case maybe creating opportunities for OTs who aren't the "typical" OT to go into schools and be role models 😊 #OTalk

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

@GeekyOT @Ruth_Hawley Thanks for all your support tonight! I am overwhelmed & delighted about all the tweets we've seen this evening! #OTalk

**Cindy OT** @SigningOTQueen

3 months ago

@Cass_OT_ @margaretOT360 I forgot to include earlier... OT in #EI focuses on embedded coaching, so techniques that the family can use during their routines, and the child can learn those skills through play. #Otalk

**Ellie Bamber** @EllietheOT

3 months ago

@dmay_ot @RebeccaCrouch I love this series even now #OTalk

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

RT @realcc: @RebeccaCrouch Right now I have to say The Happiness Trap @the_hap_trap by Russ Harris, which is about #AcceptanceAndCommitment...

**Cassandra** @Cass_OT_

3 months ago

RT @SPOTEurope: Certainly! In personal life and academic life - especially when you get to pick your own topics to research! It is less pur...

**#OTalk** @OTalk_

3 months ago

@JasminLaffy The #OTalk transcript will be available later this week but unfortunately we will each need to review it individually to make a book wish reading list

**Cindy OT** @SigningOTQueen

3 months ago

@HannahtheOT @BillWongOT @GeekyOT @DrCConnell @Cass_OT_ @RebeccaCrouch @OTalk_ It's all right that's there's no one sign. I simply expand and sign examples of occupation... and then I sign "teach those skills, or help you be able to do them safely and as independently as you can" #Otalk

**Margaret Spencer** @margaretOT360

3 months ago

RT @RebeccaCrouch: @GeekyOT @Ruth_Hawley Thanks for all your support tonight! I am overwhelmed & delighted about all the tweets we've seen...

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

RT @arinjeandods: @RebeccaCrouch @OTalk_DrKathrynMannix With the End In Mind. It's an amazing book to read and highly recommend it, e...
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**Ellie Bamber** @EllietheOT

3 months ago

@RebeccaCrouch Thankyou for tonight's #OTalk really interesting and my audible wish list just got a whole lot longer

**Carolina Cordero** @colourful_ot

3 months ago

@RebeccaCrouch Maybe also doing something like what @MU_Turn2Teach are doing with primary teaching in Ireland by offering a course to people who might otherwise find it difficult to go straight into an OT course #OTalk

**Rebecca, Occupational Therapist** @RebeccaCrouch

3 months ago

RT @colourful_ot: @ABraunizer @RebeccaCrouch I have another one of her books (Too Late to Die Young) on my shelf at the moment waiting to b...

**Marcus Dean** @MarcusD88167580

3 months ago

@RebeccaCrouch @OTalk_ #otalk Going back to what I said about autobiographies. I would really recommend How Not To Be A Boy by Robert Webb. Funny but also very sad. A really informative open narrative with themes of toxic masculinity and the grief of losing a parent at a young age. <https://t.co/fdUqeejmaT>

**#OTalk** @OTalk_

3 months ago

Well done @RebeccaCrouch. A great #OTalk

**Cindy OT** @SigningOTQueen

3 months ago

@BillWongOT @Cass_OT_ @SPOTEurope I only know Mandarin, but I'm not fluent. Mandarin only has 4 tones, but I struggle with that lol #Otalk

**Katie Moffat** @Katie_Moffat

3 months ago

@SigningOTQueen @DrCCConnell @BillWongOT @Cass_OT_ @RebeccaCrouch I find myself doing the same thing in attempt to capture what occupational therapy is, rather than nodding along and having the full explanation missed #OTalk

**Amanda White** @ajciliaOT

3 months ago

@RebeccaCrouch #otalk Q2 #narratives form a vital part of the information gathering aspect of the #OTProcess. I usually draw on my listening skills and cues in my questioning to draw out the individuals story.

**Ruth Hawley** @Ruth_Hawley

3 months ago

RT @GeekyOT: Massive thank you to @RebeccaCrouch for such a thought provoking chat and to @Ruth_Hawley for keeping things running smoothly!...

**Rebecca, Occupational Therapist** @RebeccaCrouch


3 months ago


I may volunteer to put a book list together, if that's something people might find useful. Would anyone like a list of tonight's recommendations? #OTalk

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 **Anna Braunizer (she/her)** @ABraunizer 3 months ago
@colourful_ot @RebeccaCrouch I 100% agree - I want to do what I can (with others) so that everyone who has the skills and potential to develop the skills can see themselves as health professionals and be occupational therapists and feel welcome in the profession, with lots of possibilities #OTalk


 **Katie Moffat** @Katie_Moffat 3 months ago
@RebeccaCrouch That would be wonderful! #OTalk


 **erin** ʘ @erinjeandodds 3 months ago
@OTalk_ really enjoyed tonight's topic #OTalk 


 **Rebecca, Occupational Therapist** @RebeccaCrouch 3 months ago
Looks like it's a yes! @OTalk_ I'll keep an eye out for the script when it's out.



 **Annette McKinnon** @anetto 3 months ago
@RebeccaCrouch I was so busy looking at the books I stopped chatting. A very interesting bunch. #OTalk


 **Anna Braunizer (she/her)** @ABraunizer 3 months ago
@colourful_ot @RebeccaCrouch Across #OccupationalTherapy roles there are different job demands & w/ assistive technologies, accommodations, support personnel (i.e. rehab assistants), compensatory strategies, virtual and in-person sessions+, there are possibilities for ++ inclusion in the professions #OTalk


 **Rebecca, Occupational Therapist** @RebeccaCrouch 3 months ago
@MarcusD88167580 Thanks Marcus. All of tonight's graphics were created using @unsplash & @canva. Check them out if you need to make graphics. #OTalk

 **Shannan Rugg** @OtShannan 3 months ago
@RebeccaCrouch #OTalk For me, I think what is most valuable is the deeper level of meaning we can experience and come to understand in the way that an individual's unique narrative is communicated and expressed (whether that's spoken, written, expressed in art etc.) as well as the content!

 **Anna Braunizer (she/her)** @ABraunizer 3 months ago
@RebeccaCrouch That would be fun! #OTalk #IsolateWithOT

 **Amanda White** @ajciliaOT 3 months ago
@RebeccaCrouch #OTalk Q3, reading can be meaningful for me as well as a meaningless pastime. It depends on what I'm reading 

 **Sam Pywell** @smileyfacehalo 3 months ago
Is it possible to #otalk @otalk about the impact of lockdown on the individual and occupations? is anyone doing this as an #otalk ??

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Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago



Right you lovely lot, think that's it from me. I'll be signing out for the night. It's time for a cup of tea (& maybe a book). Will check any new tweets in the morning. Thanks again for all your input. #OTalk



Anna Braunizer (she/her) @ABraunizer

3 months ago

RT @OTalk_: A good point. Just needs #OTalk to make it into the transcript.



Lisa Forrest OT @LisaForrestOT

3 months ago

Love this Gillian 👍



Laura Cliff @lauracliff

3 months ago

@Katie_Moffat @SusanGriffiths5 @RebeccaCrouch Similar book to A boy made of blocks is - My son's not rainman - John Williams. #OTalk



erin @erinjeandodds

3 months ago

@RebeccaCrouch I've never been much of a big reader - mostly due to my lack of concentration, I've found audiobooks work best for me I love them!x #OTalk



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

Reference: <https://t.co/9jycPgs4oU> #OTalk



Shannan Rugg @OtShannan

3 months ago

@RebeccaCrouch #OTalk Following on from my thoughts on Q1, I think narratives are important in practice, but the individual must have a way that they can safely and comfortably express this. It could be something they may have never considered nor found a way to do this. We can help with this.



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

Reference: Crafting occupational life. In: G Kielhofner, ed. Model of Human Occupation: theory and application. 3rd ed. Baltimore, MD: Lippincott Williams and Wilkins. #OTalk



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

@Cass_OT_ Great! Without them I wouldn't make time to read. They are a great bunch. We met at a music festival many moons ago & remain friends today. We all take turns choosing the books. #OTalk



Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago

@erinjeandodds Me too. I mix it up between audio, books & ebooks. Generally based on cost & how I'm feeling (energy levels, how busy I am etc.) #OTalk



Amanda White @ajciliaOT

3 months ago

@RebeccaCrouch #OTalk Q4 so if this includes listening as well as actually reading I learn a lot from podcasts, people's life experiences give me insight which sometimes resonates with narratives I hear. Also the advice in [Our chatlog book](#) is valuable. [You can change your preferences at any time.](#)

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Rebecca, Occupational Therapist @RebeccaCrouch

3 months ago



@anyadei Absolutely! And each discipline they see will be interested in a different perspective & point view of that narrative. So important to take an MDT approach as well. #OTalk



Amanda White @ajciliaOT

3 months ago

RT @OTalk_: #OTalk Chat – 28th April 2020 – Groupwork in Dementia Care
<https://t.co/OZ1lhDPain>



Vicky Swift @VickySwift16

3 months ago

@RebeccaCrouch Books introduce us to people - fictional or real - and open up their lives, occupations, motivation, which broadens our understanding of the diversity of the human experience. Film does the same. We had some great modules at uni that used books/films for this purpose #OTalk



Shannan Rugg @OtShannan

3 months ago

@RebeccaCrouch #OTalk The body keeps the score! Can be hard to read if you're not personally in the right place, but the combination of client/therapist narratives are so powerful. Highly worth a read when considering the impact that this pandemic may have on people's mental health! <https://t.co/crfw2MBLtC>



Vicky Swift @VickySwift16

3 months ago

@margaretOT360 Couldn't describe it better - I feel genuine occupational deprivation if I can't read on a daily basis #OTalk



Alison Janes @kaleidoscopier

3 months ago

@SigningOTQueen @margaretOT360 Late to the #OTalk party (as ever) - depends on the person/situation obviously, but could you could explain it as the story of why/how you do [occupation], or the story of why you do [occupation] that way?



Anya de longh @anyadei

3 months ago

Oppps - sorry I missed the second half of #OTalk, but loving all the book recommendations and makings notes of them all now! Thank you @OTalk_



Shannan Rugg @OtShannan

3 months ago

RT @OtShannan: @RebeccaCrouch #OTalk For me, I think what is most valuable is the deeper level of meaning we can experience and come to und...



Shannan Rugg @OtShannan

3 months ago

RT @OtShannan: @RebeccaCrouch #OTalk Following on from my thoughts on Q1, I think narratives are important in practice, but the individual...



Anya de longh @anyadei

3 months ago

@RebeccaCrouch Ohh yes please! We've just started a small book club reading novels with an OT angle with our year at @OT_UEA, with our first book already read!

Useful for planning our future lists! Thank you! #OTalk

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Chantelle Davies @chaniedavies
@RebeccaCrouch @OTalk_ #OTalk

3 months ago



Shannan Rugg @OtShannan

3 months ago

Really enjoyed taking part in my first #OTalk tonight, even though I was slightly late to the discussions! Thank you @OTalk_ for many interesting thoughts to ponder on before bed! #OTStudent #OccupationalTherapy #narratives @DerbyOT



Nyla Moran @n_moran1

3 months ago

RT @colourful_ot: @RebeccaCrouch I think reading first-hand accounts is important for understanding the diversity of experiences that are o...



UEA Occupational Therapy @OT_UEA

3 months ago

Fantastic idea @anyadei - what was your first book? What is next on the list? Maybe something you could expand with @UEAOTSoc to link in with other cohorts?



beyondcovid @beyondcovid

3 months ago

RT @margaretOT360: 100% of what I do, always the starting point, and how we prioritise what the first step will be #otalk



Nat Jones @natlouj

3 months ago

Truly inspired book for my dearest buddy ❤️👉



Emma Gee @egee1

3 months ago

RT @JasminLaffy: @RebeccaCrouch Reinventing Emma by @egee1. A first hand account of an occupational therapist who became the client followi...



Thomas Hartigan @thomashartigan

3 months ago

RT @RebeccaCrouch: Here's question 2: How important are narratives in your practice? And how do you illicit these? #OTalk <https://t.co/DN8Y...>



OT Nix @thisisnix

3 months ago

@RebeccaCrouch @OTalk_ Absolutely. Libraries & bookstores are some of my favourite places to be in for hrs. ❤️ #Reading #OTalk <https://t.co/eGpMTA84hq>



Bill Wong, OTD, OTR/L @BillWongOT

3 months ago

RT @OTalk_: #OTalk Chat – 28th April 2020 – Groupwork in Dementia Care <https://t.co/OZ1lhDPain>



Anna Braunizer (she/her) @ABraunizer

3 months ago

RT @OTalk_: Good point. Narratives don't just come from individuals. #OTalk



Kathy Cann @KathyCann1

3 months ago

Great question/answers from OT. Also v relevant to #SLT #slpeeps

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**Aimee** @aimeespeechie

3 months ago

Interesting that Narratives are also important for OT.

**Anna Braunizer (she/her)** @ABraunizer

3 months ago

RT @margaretOT360: I think as I have become more confident I trust service users more to make their own judgements and decisions #otalk

**Amanda White** @ajciliaOT

3 months ago

@RebeccaCrouch #OTalk Q5 This is going to Hurt and 'Twas the night before Christmas by Adam Kay - first hand honest reports from a junior doctors perspective. @drchatterjeeuk The four pillar plan, the stress solution and feel better in 5 all with very practical advice.

**Jolien.vandenHouten.OT** @houtvinck

3 months ago

RT @Cass_OT_: For our Dutch participants I recommend to read 'zondagskind' which is an autobiography of a woman who shares her experiences...

**DrDr (🙏)Wendy Mitchell** @WendyPMitchell

3 months ago

So kind of you thank you 🙏 🙏

**Dr Catriona Connell** @DrCCConnell

3 months ago

Any Edinburgh people wanting a super-hygienic book swap? #otalk

**Laura** @LauraCoffin_OT

3 months ago

@Katie_Moffat @RebeccaCrouch This resonates with my experiences! I think of narrative in terms of my own story and development as an OT. It definitely informs my reflective practice #OTalk

**Laura** @LauraCoffin_OT

3 months ago

@RebeccaCrouch @OTalk_ For inspiring my practice - Being Mortal by Atul Gawande For seeing the everyday in the bigger story - The Years by Annie Ernaux For finding yourself - The Portrait of the Artist as a Young Girl by Grayson Perry #OTalk

**Laura** @LauraCoffin_OT

3 months ago

@RebeccaCrouch Thank you! Missed the actual talk but really enjoying looking back over it this morning #OTalk

**Laura** @LauraCoffin_OT

3 months ago

@RebeccaCrouch I absolutely loved Juliet Jacque's book ♥ #OTalk

**Laura** @LauraCoffin_OT


3 months ago

@RebeccaCrouch For me reading is often almost linked to mindfulness (rather than just the specifics of the story) It's a feeling of noticing and paying attention which I think translates well to practice #OTalk


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 **Rebecca, Occupational Therapist @RebeccaCrouch** 3 months ago
 RT @LauraCoffin_OT: @RebeccaCrouch @OTalk_ For inspiring my practice - Being Mortal by Atul Gawande For seeing the everyday in the bigger s...


 **Emma Gee @egee1** 3 months ago
 Thanks @JasminLaffy


 **Theraposture @Theraposture** 3 months ago
 The latest The Theraposture Daily! <https://t.co/zV01rfHzHd> Thanks to @KatrinaBannigan @SabrenaMcCarley @theRCOT #covid19 #otalk


 **PSL @PSLrecruitment** 3 months ago
 The latest #OccupationalTherapy Today! <https://t.co/4s8GpsXhFU> Thanks to @OTalk_ #occupationaltherapy #otalk


 **JPlumbley OTStudent_Hud @JacquiPlumbley** 3 months ago
 RT @dmay_ot: #otalk I have referred to Rick Riordan's Percy Jackson series with a number of my teens - ADHD isn't a 'problem'- it's the res...


 **Kelly M @OTontheTracks** 3 months ago
 RT @OTalk_: #OTalk Chat – 28th April 2020 – Groupwork in Dementia Care <https://t.co/OZ1lhDPain>

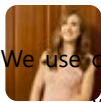
 **JPlumbley OTStudent_Hud @JacquiPlumbley** 3 months ago
 If I'm reading as a leisure activity, it is a meaningful occupation to me.

 **Rebecca, Occupational Therapist @RebeccaCrouch** 3 months ago
 RT @OtShannan: @RebeccaCrouch #OTalk The body keeps the score! Can be hard to read if you're not personally in the right place, but the com...

 **Nat Jones @natlouj** 3 months ago
 @emke #OTalk this is one of my favourites from @charliemackesy #COVID2019 a simple message for everyone today 'it's ok to not be ok'. <https://t.co/eV0Phqof6o>

 **Nat Jones @natlouj** 3 months ago
 Another beauty from @charliemackesy #COVID2019 #KindnessMatters @emke

 **#OTalk @OTalk_** 3 months ago
 #OTalk Blog post updated: 24th March 2020 - Experiences of the Journey From a Service User to a Professional. Hosted by @GeorgiaVineOT and @margaretOT360 <https://t.co/6givlojlds> Did you join in the chat? Have you read the blog post? What are your #CPD actions? follow up on? <https://t.co/xR1C8mYPAf>

 **Georgia Vine @GeorgiaVineOT** 3 months ago
 RT @OTalk_ #OTalk Blog post updated: 24th March 2020 - Experiences of the Journey From a Service User to a Professional. Hosted by @GeorgiaVineOT and @margaretOT360 <https://t.co/6givlojlds> Did you join in the chat? Have you read the blog post? What are your #CPD actions? follow up on? <https://t.co/xR1C8mYPAf>

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James Lampert @uk_james

3 months ago

RT @OTalk_: #OTalk Blog post updated: 24th March 2020 - Experiences of the Journey From a Service User to a Professional. Hosted by @Georg...



Stacy Turke @StacyTurkeOT

3 months ago

RT @otnotes: Never heard of this! Clicker writer looks great for so many needs!! #schoolOT #ot365

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