

#OTalk Transcript

Healthcare social media transcript of the #OTalk hashtag.

Tue, June 12th 2018, 8:00PM – Tue, June 12th 2018, 9:15PM (Europe/London).

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OTalk @OTalk_
Who's on for tonight's #otalk ?



Bill Wong, OTD, OTR/L @BillWongOT
Hello from across the pond! Have been reading the wonderful tweets at #rcot2018 #otalk <https://t.co/VMHKxXdEkB>



Kelly M @OTontheTracks
RT @OTalk_: Tonight for #otalk we will be having a general unstructured #OTeaparty for discussion about #RCOT2018 #CPD see you at



Lauren @Lauren_OT
RT @OTalk_: Tonight for #otalk we will be having a general unstructured #OTeaparty for discussion about #RCOT2018 #CPD see you at



Elizabeth McKay @OTBeth131
RT @BillWongOT: Hello from across the pond! Have been reading the wonderful tweets at #rcot2018 #otalk <https://t.co/VMHKxXdEkB>



OTalk @OTalk_
@lookhearust Yes! I'm not there either! Just a general chat tonight about conference, CPd or anything anyone wants to ask about #otalk good opportunity for new tweeters to join



Lauren @Lauren_OT
@OTalk_ I'm here but no experience to contribute as sadly not at #RCOT2018 ! Really wish I'd taken advantage of this opportunity as a given the discount you get and would urge students to do so if they can!! #OTalk



Deborah Harrison @DebbiiHarrison
I'm sitting on my sofa in Norfolk hoping to experience some of the buzz from #RCOT18 conference #OTalk 🥰❤️ <https://t.co/ASSwnWGC>



Bill Wong, OTD, OTR/L @BillWongOT
@Lauren_OT @OTalk_ No worries! I am not there either. Next year I will be there after a 2 year absence! #otalk



OTalk @OTalk_
@DebbiiHarrison Great, I'm not there with the #otalk team but have been enjoying seeing all the posts.



Royal College of Occupational Therapists @theRCOT
RT @OTalk_: Tonight for #otalk we will be having a general unstructured #OTeaparty for discussion about #RCOT2018 #CPD see you at



Royal College of Occupational Therapists @theRCOT
RT @BillWongOT: Hello from across the pond! Have been reading the wonderful tweets at #rcot2018 #otalk <https://t.co/VMHKxXdEkB>



Royal College of Occupational Therapists @theRCOT
RT @lookhearust: @OTalk_ Will it still be worth joining if we aren't there? Having lots of FOMO from #RCOT2018 #OTalk



OTalk @OTalk_

Evening #otalk it's @GillyGorry on the account. I'm not at #RCOT2018 with the team. I have been enjoying the posts around conference. might be a good chance to have an informal chat, good for New comers if we have any? How have you all been enjoying the conf tweets



OTalk @OTalk_

@sooshea That's a good sign! Hope it hangs in for the chat #otalk



OTalk @OTalk_

I think this is a good question for the community. What would you say to Carolinas educator about Twitter? #otalk <https://t.co/SwNBULrT>.



Debra Hughes @Debraj_OT

@OTalk_ Hello from me... I'm in Belfast #RCOT2018 #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTalk_ @Lauren_OT That would break my bank... lol! #caot2018 is more affordable for me this year due to logistics reasons. #wfot18 drained a lot of my funds too! #otalk



OTalk @OTalk_

#OTalk did anyone get their photo taken in our Selfie board?



OTalk @OTalk_

@Debraj_OT Hello! How are you enjoying #RCOT2018 so far? #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTalk_ Nice question! I think part of it is informal networking. Part of it is also the critical thinking that we have discussions wise with sc #otalk



OTalk @OTalk_

This is also a good point. How do people feel about conference costs? Tickets cheaper than they used to be so seems more accessible? <https://t.co/AydzTcWmlo>



Debra Hughes @Debraj_OT

@OTalk_ I am loving it, my first ever conference and as a student too. Some stuff I am a bit deer in headlights but it's a fab experience and so much x #OTalk



Look Hear Australia @lookhearaust

@OTalk_ I am loving the community of Twitter - one that I didn't really pay attention to or realise how big it is! There are lots of opportunity and it is WAY more fun than linked in #OTalk



Bethany Marshall @BethjmOT

@Kirstie_OT Haven't had chance to properly chat to you, hopefully tomorrow! @Debraj_OT mentioned about getting a picture with the # board 📷



Bill Wong, OTD, OTR/L @BillWongOT

@OTalk_ For me as an overseas visitor, logistics really play a role. 10+ hours for me to get to UK means long trip + expensive airline ticket course, to make my trip worthwhile, I also have to stay longer, hence more expenses! #otalk



Lauren @Lauren_OT

@OTalk_ I personally think it's still pretty expensive! Especially given travel and accommodation costs too. #OTalk



Kellie Tedjo @k_tedjo

@Lauren_OT @OTalk_ Joining my first #RCOT2018 in my final year. Would have been so inspiring to come since first year! But yes cos placement / assignments may come in the way! #OTalk

Bill Wong, OTD, OTR/L @BillWongOT



@Debraj_OT @OTalk_ I felt that way way back when I was one! #otalk



Katrina Bannigan @KatrinaBannigan

RT @OTalk_: Tonight for #otalk we will be having a general unstructured #OTeaparty for discussion about #RCOT2018 #CPD see you at



Debra Hughes @Debraj_OT

@BillWongOT @OTalk_ It a a good experience and feel it will be so beneficial for me going forward #OTalk



Carolina Cordero @colourful_ot

@OTalk_ I considered going since the student ticket price didn't seem wildly out of my budget but the issue for me was the fact that it's n gladly go to Belfast for a weekend but I have a certain amount of hours to do on placement so I can't really miss days :/ #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@k_tedjo @Lauren_OT @OTalk_ This is also true for American conference with American students! #otalk



Bill Wong, OTD, OTR/L @BillWongOT

@Lauren_OT @OTalk_ That is why I have to calculate everything to a tee and find ways to save! #otalk



Lisa Brady @LisaMarcella_

@OTalk_ Oops #otalk.. you can see I've been out of practice with the Twitter thing!



Lauren @Lauren_OT

@OTalk_ on a totally different note I would be keen to talk to any #OccupationalTherapists working in mental health but based in a GP's brain is ticking thinking how a service could work locally but not sure where to begin! #OTalk #RCOT18 @theRCOT @RCOT_MH @Derl



Bill Wong, OTD, OTR/L @BillWongOT

@colourful_ot @OTalk_ This is one of the things in US- we have to talk to our placement educators in advance. #otalk



karen geraghty @karen_geraghty

#OTalk there could be a twitter competition to win conference tickets #letitbeme



Bethany Marshall @BethjmOT

Bit late for #OTalk. Having a chilled evening after a couple of busy days..but loving the experience! Seen a few familiar faces from twitter @CovUniOT, hopefully bump into more people tomorrow! 🍷❤️



OTalk @OTalk_

@Debraj_OT I gave my first conference presentation as a student in 2012, it was an eye opener and I think a positive experience which I CPD motivated #OTalk



Lauren @Lauren_OT

@BillWongOT @OTalk_ My priority at the minute is saving for a house! I hope that in the future once I've achieved that I will be a little more comfortable and be able to spare some for conference! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@karen_geraghty I should be excluded in this competition yearly to make it fair... lol! #otalk



Look Hear Australia @lookhearaust

Heres one for tonight #OTalk form myself and @gracnelsonOT How do we record podcasts we have listened to and prove we have don CPD records? #RCOT2018 #CPD #OTalk



Debra Hughes @Debraj_OT

@OTalk_ Wow..... I see how these people have so much confidence and passion for their particular area. This makes me more passion ever thought I could be. #OTalk



Kirstie @Kirstie_OT

Hello #OTalk! Sorry to be missing you. #RCOT2018 #OTalkonTour <https://t.co/miPRavbS4d>



Bill Wong, OTD, OTR/L @BillWongOT

@Lauren_OT @OTalk_ To put up my kind of schedule every year is difficult. This year I am doing 8... and that doesn't include #rcot2018



OTalk @OTalk_

People don't get it, until they get it! There's a great community here and lots of #CPD opportunities #otalk <https://t.co/yWpRndD4oQ>

Technology



#HelloMyNameIsRachel @OT_rach

RT @Kirstie_OT: Hello #OTalk! Sorry to be missing you. #RCOT2018 #OTalkonTour <https://t.co/miPRavbS4d>

Research



Bill Wong, OTD, OTR/L @BillWongOT

RT @Kirstie_OT: Hello #OTalk! Sorry to be missing you. #RCOT2018 #OTalkonTour <https://t.co/miPRavbS4d>

Pricing



Bill Wong, OTD, OTR/L @BillWongOT

RT @Debraj_OT: @OTalk_ Wow..... I see how these people have so much confidence and passion for their particular area. This makes

Healthcare Hashtags

Company



Bill Wong, OTD, OTR/L @BillWongOT

RT @BethjmOT: Bit late for #OTalk. Having a chilled evening after a couple of busy days..but loving the experience! Seen a few familiar



OTalk @OTalk_

It can be costly when you add in all the extras. How do people deal with the costs of conferences ? #otalk <https://t.co/cT9aZFRnFx>



OTalk @OTalk_

@k_tedjo @Lauren_OT That's the difficulty for students. It's hard to balance it all. Reduced student fees are very good though! #RCOT2



Deborah Harrison @DebbiiHarrison

@lookhearaust @gracnelsonOT You can write a short reflection on the podcast outlining the main points you learned & any action plan #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTalk_ Hostels have become my go-to spots to stay. My kind of schedule is IMPOSSIBLE for hotels. I am trading comfort and quality quantity in experiences. #otalk



OTalk @OTalk_

Good question. How are you recording CPD? #otalk <https://t.co/IHkUUzZ6cP>



Look Hear Australia @lookhearaust

@Lauren_OT @OTalk_ We try and get on the low cost or free ones e.g. Autism Show, OT show, COPA etc; I know they aren't conferences but lots of networking and bite size CPD info as a starting point. I try and pick 1 or 2 a year and then fun those #OTalk



RCOT Northern Ireland @RCOTNIreland

RT @Kirstie_OT: Hello #OTalk! Sorry to be missing you. #RCOT2018 #OTalkonTour <https://t.co/miPRavbS4d>



OTalk @OTalk_

@Lauren_OT @BillWongOT Have you tried your employer for funding? Regional committees may help with some costs also #otalk



RCOT Northern Ireland @RCOTNIreland

RT @Debraj_OT: @OTalk_ Wow..... I see how these people have so much confidence and passion for their particular area. This makes

karen geraghty @karen_geraghty

#OTalk the conference looks really fun this year <https://t.co/gfF0gnqEUv>



Bethany Marshall @BethjmOT



@OTalk_ @k_tedjo @Lauren_OT Definitely helpful that we have cheaper student rates! Because I'm here with other students too, it's re price of accommodation as we used AirBNB #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTalk_ @Lauren_OT In US- I know I am using my employer to pay for registration for all the ones I want to attend... unless I am inviter one. #otalk



Lauren @Lauren_OT

@lookhearaust @OTalk_ Same! #OTalk



OTalk @OTalk_

@lookhearaust @Lauren_OT They have some very good speakers at those events! #otalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTalk_ @Lauren_OT Invites are also good... but you really have to be at the top of your game to get such opportunities from confere



Lauren @Lauren_OT

@BethjmOT @OTalk_ @k_tedjo That's great planning! I really wish I'd done this when I was a student! #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@BethjmOT @OTalk_ @k_tedjo @Lauren_OT I know your jaws would drop to know how I can put up my schedule every year... lol! #ota



Look Hear Australia @lookhearaust

@OTalk_ Current I screen shot them as I'm listening to prove I have, then I normally try and tweet the person with a question or reflectio how to save that though... #OTalk



Bill Wong, OTD, OTR/L @BillWongOT

@OTalk_ And for overseas visitor, I am using my AOTA membership to get in these conferences at member rates. I did that for Canadiar Australian. #otalk



Look Hear Australia @lookhearaust

@DebbiiHarrison @gracenelsonOT Thats a good idea - and easy now too seeing as I've worked out that google docs can dictate #OTalk



Nicky Phillips @NickyP_OT

#OTalk @OTalk not feeling bad about conference talks, since @LBOTSociety formed this year and managed to get over £1100 funding t students to come to #RCOT2018. Really worth university OT societies applying for funding - if you don't ask you don't get!



Bill Wong, OTD, OTR/L @BillWongOT

RT @NickyP_OT: #OTalk @OTalk not feeling bad about conference talks, since @LBOTSociety formed this year and managed to get ov fund...



Look Hear Australia @lookhearaust

@OTalk_ @Lauren_OT We will be going this year - it is our first time as @lookhearaust so I am a bit nervous but keen to put faces to ac Where/ when is the next #RCOT? I will budget that one in #OTalk



OTalk @OTalk_

Sharing accommodation can makes things much more affordable #OTalk <https://t.co/GUASS4p08u>



Bill Wong, OTD, OTR/L @BillWongOT

@NickyP_OT @otalk @LBOTSociety In US, I got spoiled because @USCChanOSOT has lots of scholarship for students for different cc But other programs might be like what you are describing. #otalk



Leeds Beckett OT Society @LBOTSociety

RT @NickyP_OT: #OTalk @OTalk not feeling bad about conference talks, since @LBOTSociety formed this year and managed to get ov fund...



OTalk @OTalk_

@lookhearaust I keep a lot of lists. Screen shots, diaries. #OTalk



Lisa Brady @LisaMarcella_

@NickyP_OT @otalk @LBOTSociety That's brilliant! I've known UEA students to be funded to go in previous years however the dates ju match 😊 #otalk



OTalk @OTalk_

Just recording isn't enough. Showing what you've learned through a reflection as Deborah says is always #CPD imo #otalk <https://t.co/ZC>



OTalk @OTalk_

RT @lookhearaust: @OTalk_ @Lauren_OT We will be going this year - it is our first time as @lookhearaust so I am a bit nervous but kee



OTalk @OTalk_

Fantastic!! #OTalk <https://t.co/Sh180lcTp8>



OTalk @OTalk_

#OTalk has #RCOT2018 inspired any #CPD goals for this year? If so what? And how will you achieve and record them?



Deborah Harrison @DebbiiHarrison

@LisaMarcella_ @NickyP_OT @otalk @LBOTSociety We have some MSc graduates from @UEA_Health at #RCOT18 this year, but it's time for all our BSc cohorts #OTalk



Look Hear Australia @lookhearaust

@OTalk_ What is some of the ways people record their CPD? I have a hard copy file but scan everything in once or twice a year so if I a can just email everything off. I also have this spreadsheet.... #OTalk Happy to share the spread sheet too! <https://t.co/vIQo6FkpW2>



Debra Hughes @Debraj_OT

@OTalk_ I feel that I need to look more into research as I have been very frightened of it (and still am)however seeing all these amazing have inspired me to possible look at doing mine someday may be!!! #OTalk



OTalk @OTalk_

RT @lookhearaust: @OTalk_ What is some of the ways people record their CPD? I have a hard copy file but scan everything in once or



Margaret Spencer @margaretOT360

RT @lookhearaust: @OTalk_ What is some of the ways people record their CPD? I have a hard copy file but scan everything in once or



Carolina Cordero @colourful_ot

@OTalk_ I've started doing something similar to demonstrate self-directed learning while on placement! So far I've used it for an article I was relevant to my placement 😊 I realised that up to now I had been learning in my own time but not showing my educator #OTalk <https://t.co/yTBKA15cia>



Nicky Phillips @NickyP_OT

@DebbiiHarrison @LisaMarcella_ @otalk @LBOTSociety @UEA_Health #OTalk Ah yes, we are on a MSC course, so not facing summe We've also benefited from a supportive department moving a few things around so we could go - with the price rise after qualifying, a lot couldn't miss it though!



OTalk @OTalk_

#OTalk I'm attending an open day to look at doing a masters this week. I have a plan just need to put in to action. (@GillyGorry)



Heather Davidson @HD55

#OTalk one of my observations of conference is the healthy amount of talking and laughing you can hear :)



Lisa Brady @LisaMarcella_

@DebbiiHarrison @NickyP_OT @otalk @LBOTSociety @UEA_Health Ah great I'm glad some students got to make the most out of it, h applied for funding too! I think it would be really interesting to hear their experiences if they're on Twitter or if they shared a reflection #ot



Debra Hughes @Debraj_OT

@OTalk_ @GillyGorry I have had to do research with Uni and having my dissertation coming up.... no backing out now. Lol I find it difficu dyslexia however that's a barrier I shell overcome I'm sure #OTalk



OTalk @OTalk_

This is great and self discipline to undertake self directed learning is very important. And I personally believe it increases motivation and j our work #otalk <https://t.co/9WEbdmdyRc>



Look Hear Australia @lookhearaust

@OTalk_ I do goals every year! #OTalk <https://t.co/dUAq3GfiD7>



OTalk @OTalk_

@HD55 That's always a good sign!! #otalk



RCOT Northern Ireland @RCOTNIreland

RT @OTalk_: This is great and self discipline to undertake self directed learning is very important. And I personally believe it increases...



Sheena Wight @sheena_OT

RT @preston_jenny: Funding is important but much of it has been about developing an infrastructure to create a research culture, suppo



Look Hear Australia @lookhearaust

@OTalk_ @GillyGorry Which masters? I have been looking at the advanced OT one at @CovUniOT #OTalk



OTalk @OTalk_

@Debraj_OT @GillyGorry You will overcome, no doubt. Always ask uni for support #OTalk



Debra Hughes @Debraj_OT

@OTalk_ @GillyGorry Thank you.... I will indeed. I have come 2 years and passed everything and 3rd and final year is leering.... #OTalk



Deborah Harrison @DebbiiHarrison

@lookhearaust @OTalk_ I set myself some #CPD goals for 2018 in January & I'm pretty much on track. I've got a bit sidelined exploring mindfulness though! #OTalk



OTalk @OTalk_

@DebbiiHarrison @lookhearaust I find my #cpd plan often takes a detour, always seem to end up learning exactly what I needed to thou



Look Hear Australia @lookhearaust

@Kateepops @OTalk_ I LOVE LOVE LOVE a spread sheet #OTalk I use them a lot in practice



OTalk @OTalk_

#OTalk final 10 mins of #otalk any top tips for #RCOT2018 conference goers? Or those following online?



Deborah Harrison @DebbiiHarrison

@OTalk_ @lookhearaust Yes absolutely! This year is one of huge change for me personally & professionally so mindfulness has become a part of the journey. It's 40 yrs since I was an OT student & there's still so much to learn! #OTalk #CPD



OTalk @OTalk_

@DebbiiHarrison @lookhearaust We never stop learning! I've learn so much through personal circumstances this past 2 years and it's d made me a better #ot #otalk



Carolina Cordero @colourful_ot

@lookhearaust @Kateepops @OTalk_ I use a spreadsheet for keeping myself on track with assignments during term! I think I'm a very v person when it comes to staying organised and they're a nice way of being able to see things at a glance #OTalk



OTalk @OTalk_

#OTalk thanks for joining everyone! Carry on enjoying the #RCOT2018 tweets and get your #OTselfie with the #OTalkonTour team if you Thanks Gill.



Deborah Harrison @DebbiiHarrison

Thanks #OTalk ❤️ <https://t.co/ZT5spfAlbN>



RCOT Northern Ireland @RCOTNIreland

RT @OTalk_: #OTalk thanks for joining everyone! Carry on enjoying the #RCOT2018 tweets and get your #OTselfie with the #OTalkonTo



Kirstie @Kirstie_OT

Well done lovely @GillyGorry! Thank you for holding the #OTalk fort! #RCOT2018 <https://t.co/1qMke3uALU>



Kate Tudor @Kateepops

@lookhearaust @OTalk_ I've also got a caseload one with coloured conditional formatting to make sure I keep on top of everything. Visu spreadsheets are the best! #OTalk

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#OTalk conte

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